

2-11-2005

## The Hilltop 2-11-2005

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**WEATHER**  
Today: Partly Cloudy/Wind  
High 44, Low 30  
Saturday: Partly Cloudy/Wind  
High 49, Low 32  
Sunday: Partly Cloudy  
High 50, Low 37

# The Hilltop

The Student Voice of Howard University Since 1924

#1 **COLLEGE**  
NEWSPAPER

VOLUME 88, NO. 36

FRIDAY, FEBRUARY 11, 2005

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## KAPLAN Prepares Juniors for Graduate School



Patrick Jackson- Staff Photographer

The College of Arts and Sciences Junior Class Board invited juniors to mix and mingle Wednesday night, as well as to hear from KAPLAN representatives about the necessary graduate and law school entrance exams.

BY CHRISTINA M. WRIGHT  
Asst. Campus Editor

After encountering different situations throughout their three years in college, the Arts and Sciences Junior Class Board decided to host a meet and greet Wednesday night to provide students with the information needed to graduate and apply for Graduate school.

"We found that, in our own experiences, we didn't know a lot of answers to a lot of questions we had, like withdrawals, what classes to take, etc.," said Tony Lowry, a junior anthropology major and treasurer of the board.

The board decided that a major part of the necessary graduation information includes the knowledge of the graduate school process.

Wednesday's meeting provided students with two representatives of KAPLAN Testing Prep program who stressed that testing early is a benefit to the process and the student.

"This semester or over the summer is a perfect time to take the test," Missa Goehring, of KAPLAN, told the juniors. "You really want your fall semester of senior year to focus on writing essays and the rest of the application process."

She also recommended that test-takers try their best to take the test one

time. Goehring said it looks "favorable" to take the Medical College Admissions Test (MCAT) once and receive a good score, and the score earned on the Law School Admissions Test (LSAT) are averaged.

"In both instances, it is just better to push for the one time and make it a good time with a solid score," Goehring said.

The KAPLAN representatives informed the students of their program's benefits. They notified the group that all Howard students receive a student discount ranging from 30 to 55 percent as well as a money-back guarantee.

Each participant takes a diagnostic test in the first class. If the score on their test is below that of their diagnostic, the person is given a full refund, unless he or she selects the option to study free with KAPLAN for a second time.

Goehring explained the differences between their program and other test preparation programs, bragging that teachers at KAPLAN are selected only after scoring above the 90 percentile, and said that their preparation will extend further than the test itself.

"Other test preparations focus on the tricks," Goehring said. "We also teach the tricks, but we also teach you skills that will be useful in Grad

See JUNIORS, Campus A5

## Dental School Offers Free Work

BY RAVINE STROMAN  
Contributing Writer

Marc Henderson, a graduating senior and Howard dental student, needs help.

In order for him to graduate he must pass the State Board exams, and it is imperative for him to work on as many mouths as possible.

To aid Henderson, and all other dental students in his position, the College of Dentistry is offering free dental screenings for all Howard University students.

"It helps dental students train and gain experience," Henderson said. "We are well trained for the procedures that we do. If a task is too difficult, then the professor takes over."

Henderson recommends that students take advantage of the free screenings now, instead of coming out of their pockets later.

While some students feel apprehensive about seeing a dental student as opposed to a dentist, there are some who are taking full advantage of the free dental work.

Senior print journalism major Emily

See DENTIST, Campus A5



Maya Gilliam-Senior Photo Editor

Jonny Withanachchi performs work on Bonita Walker, a junior film major. Dental students work on Howard students in preparation for state boards.

## Clothing Line Promotes Abstinence

BY JABARI SMITH  
Contributing Writer

Aikeisha Jones, sat in front of her Toshiba laptop surfing the Internet, intently reviewing a variety of t-shirts. A white baby tee with bold red and black lettering bearing the slogan "Traffic Control, Wait for Marriage" captured her attention.

Jones, a sophomore fashion merchandising major, was looking at clothing available for purchase at [www.waitwear.com](http://www.waitwear.com)—a website dedicated solely to clothing promoting abstinence until marriage.

"I think that Wait Wear is using a creative and effective marketing strategy to get youth comfortable with the idea

of abstinence," said Jones who supports the clothing line, but is unsure if she would wear it.

"I would not want to promote something that does not represent me. I think that if you wear this line it should not be worn just because it is fashionable, but because it's your lifestyle."

Wait Wear clothing was founded in October 2002 in Los Angeles and attempts to celebrate virginity and encourage awareness of abstinence until marriage.

According to [www.waitwear.com](http://www.waitwear.com), whether you are a teen, young adult, single parent or born again virgin, Wait Wear

See CLOTHING, Campus A5

## ASALH Chapter Moves to Howard

BY DANIELLE DAWKINS  
Contributing Writer

To promote research, preserve, interpret and disseminate information about Black life, history and culture to the global community, the Association for the Study of African-American Life and History (ASALH) was founded by Dr. Carter G. Woodson on Sept. 9, 1915.

A press conference in the Blackburn Forum was held to officially charter ASALH at Howard last Monday.

"It made sense to bring a chapter to the Mecca," said Ronald Allen, the president of the organization and first-year history graduate student.

Woodson, also known as the Father of Black History, found-

ed ASALH to erase the idea that Blacks had no history or roots that are not of slavery.

The organization also looks at the role of Blacks in American history, according to the national president of the organization, Dr. Sheila Flemming, dean of social sciences and professor of history at Bethune-Cookman College.

"It is important that all Americans look at lessons learned from the past," Flemming said at the press conference. "African-American history is American history and is significant when recounting the making of the United States and the global community."

Allen was sworn in as president at the press conference while junior legal communica-

tions major Twanna Hill was sworn in as vice president, freshman psychology major Shekha Arrington as secretary and public history graduate student Lopez Matthews as treasurer.

"We are compelled to make the Capstone Branch of ASALH, here on the campus of Howard University, an active organization, lasting organization and a successful organization," Allen said.

Two historians and Howard professors involved are Dr. Richlyn Goddard, professor of U.S. history and E. Ethelbert Miller, founder and director of the Ascension Poetry Reading Series and the director of the African-American Resource Center.

The new organization is

currently looking to recruit members. Many students feel the Association for the Study of African-American Life and History is a good organization to have at Howard University and look forward to seeing what impact it has on campus.

"The organization could teach history about the campus and history about African Americans," said Brandon Franklin, a sophomore audio production major.

The Association for the Study of African-American Life and History will be having an Annual Black History Month Luncheon at Howard University for their 90th anniversary on Saturday, Feb. 26.

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Nation & World...A6



Will you take your "boo" to the Punch Out for Valentine's Day?...

Life & Style...B1



Who said the soccer season was over?...

Sports...B5



## VOICES & VIEWS

**Do you feel that the university encourages students to practice abstinence? Why or why not?**



Jocelyn Thompson  
Freshman  
Acting

"No, I don't believe that they are encouraging abstinence because some of those who work for the university are handing out condoms for safe sex."



Cinnamon Tyler  
Freshman  
Acting

"No, because the policies and rules that are set make students want to rebel and fight the powers that be. If the rules weren't so strict it wouldn't create that need to be sexually active."



Christian Gibbs  
Sophomore  
Acting

"No I don't feel that the university is making a strong enough effort to promote abstinence. The only place I've heard it is in chapel."

Photos by Alevdo Alexander

# Graduate, Resident Assistants Share Experiences

BY KENDRA TURNER  
Contributing Writer

If a student has experienced dorm life, they most likely have had interactions with a graduate assistant, student assistant or resident assistant. However, few are familiar with their many duties and purposes of their presence in the residence halls.

"Each hall is different," said Roslyn Douglas, the community director for the Harriet Tubman Quadrangle (The Quad). The general structure of Residence Life is the dean, the assistant dean, community director, graduate assistants, residence hall staff assistants and resident assistants.

The graduate assistant is a graduate student who is responsible for the entire residence and represents the community director in his or her absence.

English major and GA in the Quad Shamecca Williams describes her job as "hectic and time consuming" and said her role is "to be a resource for residence assistants and residents in dorms."

"Whatever information needs to be disseminated [by Residence Life], I make sure it gets out," she said.

Additionally, the GA has on-call duties to assist in case of an emergency, give information to the campus police in the case of an incident and fills out incidence reports, coordinates ResFest and selects students to be a part of the Residence Hall Council.

Williams feels her job is rewarding because of her interaction with the residents who are from different places.

She has also built close bonds with many of the residence assistants.

Freshman print journalism major Melanie Chambliss is a member of the Tubman Quadrangle Residence Hall council and works closely with Williams.

"Although [GAs] don't seem as prominent, they do a lot of behind the scenes work," Chambliss said.

Since the GA cannot keep an eye on every resident, resident assistants, who live on every floor, are responsible for immediate contact with residents.

RAs also distribute information from residence life and submit weekly reports



Marlene Hawthorne-Staff Photographer

I'sys Caffey, a sophomore radio, TV and film major, is a resident assistant in the Tubman Quadrangle.

to Residence Life that address observations on their floor.

Like the GAs, RAs have to be on call in case of an emergency. Since the RAs live on the floors with the residents, they tend to have closer ties with the students.

"Residence Assistants are the most important persons on staff within respective halls," Douglass said.

I'sys Caffey, a sophomore radio, TV and film major and an RA in the Tubman Quad realizes the importance of her position.

"I know I am a caretaker, not a parent, but if [the residents] need something, they should be able to come to me,"

Caffey said. "It does have its challenges, but I would like to do it again next year."

Student assistants have the same responsibilities as RAs, but are housed in upperclassmen dorms.

"They deal with a more mature population," said Dean of Residence Life Charles Gibbs.

When Residence Life looks to hire GAs, SAs and RAs, Gibbs said the type of persons they seek are "looking for self-development as far as inner leadership skills and action players that get out and have fun with residents."

Both Caffey and Williams agree that these are qualities that people that hold their positions must possess.

"[The job] helps as far as developing leadership and personal skills," Williams said.

Freshman marketing major Titilola Laosebikan said her RA helped her in numerous ways.

"I can honestly say that I relate to my RA because she has been with me through the good, the bad and the ugly," Laosebikan said. "Over the past few months she has become more than an RA to me, [she's] a friend."

## Members Praise Contributions of Choir Director

BY SHAYNA RUDD  
Contributing Writer

On Monday evenings, there is a sweet anointing that leaps through the walls of the Human Ecology building and grabs you as you walk by. Its anointing is found in the melodic ministry of the Howard University Gospel Choir led by Clifton Ross III, a 20-year-old sophomore music business major.

A Detroit native, Ross joined the gospel choir during his freshmen year. A year later, he was promoted to choir director.

"I'm blessed," Ross said. "Everyday is music. My time is split equally between Howard Gospel Choir and R.E.A.L. (Radically Encouraged About Life)."

Currently, Ross is working with R.E.A.L. on various showcases and recording demos. The group is committed to sharing the gospel with the world, which is the most important thing to Ross.

While he is also gifted in classical and jazz music, he hopes to shine in the entertainment industry through singing urban gospel music.

"When you hear Cliff, you know amazing." that he is real about his music," said Vanessa Grant, a sophomore biology major. "It's not about getting attention. It's about making people want to appreciate music for what it is."

Other students that have worked with Ross respect him for his professionalism and dedication to choir. "Cliff is a very gifted young man," said Lindsay Jordan, a senior political science and choir member. "His ability to lead the choir after being a member for one year is



Tia Goodson-Staff Photographer  
**Cliff Ross III, a sophomore music business major, preaches the word of God through singing and serving as the director of the Howard University Gospel Choir.**

Graduate student of religious studies Jeffrey Corry said that Ross is all about family and unity in the body of Christ. He feels that not only has the level of Ross' ministry been elevated since last year, but the level of commitment to being a true family in the body of Christ as well.

While on campus must come together in order to be servants of God, is committed to bringing Howard together as a family. He is making his mark by listening to the voice of God and completing his callings without complaints.

"I pray everyday that God's will be done in my life," Ross said. "When you give it to Him, His work is revealed."

Cliff has been over the choir, the atmosphere has changed tremendously," Corry said. "I am glad, because I feel that the present members are receiving the truth in their guidance through ministry, and that is something I didn't receive when I was a member."

Freshmen international business major Monique Hawkins-White said what makes Ross such a talented director is his ability to educate the choir members about music. White feels that aspect of directing is what many choirs lack.

"Cliff has taught me so much about music in addition to making me have some fun," she said. "He is truly on another level."

Ross, who believes every ministry on campus must come together in order to be servants of God, is committed to bringing Howard together as a family. He is making his mark by listening to the voice of God and completing his callings without complaints.

"I pray everyday that God's will be done in my life," Ross said. "When you give it to Him, His work is revealed."

## Graduate School Events

Thursday and Friday, February 10-11, 2005

RESPONSIBLE CONDUCT OF RESEARCH (RCR)  
College of Medicine Auditorium, Rm 3019  
8 a.m. to 1 p.m.

Call 806-4676 for more information

Proposals for the Deaf Women & HIV/AIDS in Africa Conference June 10-12, 2005 at the Gallaudet University Kellogg Center are still being accepted. For more information, visit [www.deafricanwomen.org](http://www.deafricanwomen.org)

Tuesday, April 12, 2005

The Graduate Research Symposium will be held on Tuesday, April 12, 2005, in the Blackburn Center. Call 806-6800/6156 for more information.

Proposals for the Deaf Women & HIV/AIDS in Africa Conference on June 10-12, 2005, at the Gallaudet University's Kellogg Center, are still being accepted. For more information, visit [www.deafricanwomen.org](http://www.deafricanwomen.org).



# can five students change the tax strategy of an entire nation? they already have.\*

## xTAX 2004


Last fall, over 800 students from 25 colleges and universities were given a difficult task: determine if Internet retail sales should be taxed. Their ideas were evaluated by a panel of PricewaterhouseCoopers professionals, who named the top team at each campus.

Join us in congratulating all the students who participated and the top team from Howard University:

Chevalier Strong  
Carlton Langford  
Teneasha Pierson  
Michelle Hamilton  
Olufemi Odeinde

[pwc.com/xTREME](http://pwc.com/xTREME)

\*connectedthinking

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# Hip-Hopper Shows Amor Through Music

BY BRIDGETTE GINYARD  
Contributing Writer

Her words and rhymes echo through the halls of Meridian Hill Hall on a not-so-quiet night. There's a humanistic aspect of hip-hop that shines through Amanda "Amor" Porter, a sophomore business management major from Atlanta.

"I started listening to hip-hop when I was having a hard time dealing with a lot of shallow people in life," Porter said. "It was the realest thing around me, and it was almost like my best friend."

Porter threw herself into the arms of the hip-hop culture, shifting from spoken word to rhyming and perfecting the art of freestyle rap.

Porter says that her stage name, Amor, reflects the obligation she feels to the world. "Love is what I want to represent as a person and as an artist, because it is something that is lacking in the world of hip-hop," she said.

She emphasized that some hip-hop artists forget to reflect themselves in their music.

"I want to be a blessing to each and every person in my life.

Right now, I feel like the most important thing in my life is my relationship with God."

As a developing artist, Porter is working on developing an impeccable freestyle. To her, that is the sign of true artistry, and many people forget that.

"I've been writing poetry since I was young, but eight months ago I started writing rhymes and free-styling, which is one of the most important elements of rapping. Once I perfect that, then I can really put myself out there. I'm really a baby in the MC industry, and I am still developing and evolving."

Her strong moral character can be attributed to her supportive mother, who initially criticized her love for the art, but later gave her blessings when she quietly overheard her daughter rapping with her friends.

"Once she heard me, she realized how much I love rapping, and now she fully respects what I do," Porter said. "She is the main person I need approval from."

Although she has a support network, she is not signed to a label or working with a specific producer. In her case, it

is all about development, and then showcasing your talent to others.

"Business comes first," she said. "Once I have a business plan, then I will eventually want to join a label."

The subject matter of her rhymes reflects the element of personal struggle that many people suppress.

"The music tells a story of its own," Porter said. "It is really hard to say that I write about specific things. But a lot I write about are personal struggles in life that have led me to be me right now. There are things that I have never been able to say about myself that I am able to say through my music."

Friends such as Dana Downs, a sophomore international business major, describe Amanda with colorful words.

"Amanda is an extremely innovative and creative person," Downs said. "Her talent shines through her words in a way that forces you to appreciate the art of spoken word and hip-hop."

Porter possesses a distinct aura of self-confidence and motivation.

"Growing up, I went through



Mark King: Staff Photographer

Sophomore business management major Amanda Porter finds refuge in the art of rap and feels obligated to spread love through a professional music career.

an artist, I find myself being shy because I am my biggest critic, but I have to remind myself that if I work hard, I will have the potential to be a great artist."

## EMPLOYEE of the WEEK

Tony Medina



Marlene Hawthorne: Staff Photographer

BY SHANAE L. HARRIS  
Contributing Writer

Professor Tony Medina is one of Howard's most intriguing and admired professors.

Widely known for his creative writing workshop class, Medina is seen as a unique professor who uses his strong creativity and comedy to inspire his students.

Medina, who also teaches humanities and freshman composition, has been a part of the Howard family for almost two years now, after being hired as the assistant professor of creative writing.

"Of all the classes I teach, I like creative writing the most because I can be more spontaneous," Medina said.

The word spontaneous is indeed a word often used by students when describing Medina.

"[He] is the most uninhibited teacher I've ever encountered," said senior English major Daniel Nunley. "He reminds me that, of all the things that have to have constrictions, my writing doesn't have to."

Medina also sees himself as a different type of professor than most. When asked what he felt made him different than other professors, Medina replied, "I'm young, I'm an artist, and I'm a revolutionary thinker. I share similar pop culture with students, and I'm very blatant and to the point."

Medina is also very blatant about the love he has for his students. "I love the energy, idealism and potential influence that students have," he said. Medina sees his teaching like he sees his writing: "as a mission and a way to politicize."

In his creative writing workshop, students are subjected to what Medina likes to call his "boot camp for writers," where students have a chance to put together creative poetry, fiction, non-fiction and both children's and adult literature.

"My creative writing classes have been huge and my students have accomplished so many things and produced so many wonderful works," Medina said. Some of these things include a radio show called "the workshop" in which, once a month, students from the class are able to share their creative pieces on-air and in poetry and film festivals that are citywide.

"Many of my students have gone on to publish their own manuscripts and anthologies, and even started their own creative writing workshops from mine," Medina added.

Most of these successes come from Medina's strong will to push his students as far as they can go. "He expects his students to reach the goals he sets, but that's cool because it opens up your untapped potential," said Phillip Murray, a senior telecommunication management major.

Kristin Harris, a senior English major agreed. "[He]

See MEDINA, News A5

## FRESHMEN SPEAK:

### What was your worst roommate experience and how did you handle it?

"Last semester, I came back from class and there were like six guys in my room playing Madden on my T.V. and laying on my bed. I certainly did not know half of them either. I was straight trippin', I talked to my roommate about the situation and everything is cool now."

Kyle Burnett, undecided

"Me and my roommates have not had any problems, we are cool."

DJ Johnson, accounting

"His dirty drawers were always on the floor, since then I talked to him about the problem and it has not come up again."

Otto Staalworth, agriculture

"My roommate was overly loud and over bearing, since then I moved out and we are cool."

Ravee Selby, physical therapy

"Whenever my roommate played E-40 really loud, I resolved the problem by talking to him, asking him to turn it down."

Marcus Miller, marketing

"He was gay and weird, that's why I had no choice but to move out."

Arlandus Hood, psychology

"We got into a argument over something silly, and it was never resolved."

Lindsey Woods, television production

"Not respecting my sleep time, I dealt with it by talking to my R.A."

Allentheia Carter, psychology

"When my roommate always used to use my printer without my permission, since then I moved out due to other problems, we also talked about it and now everything is cool."

Ashlie Russell, accounting

"We had our times in the past, some I rather not discuss, but after we talked about it we are getting along in our own ways"

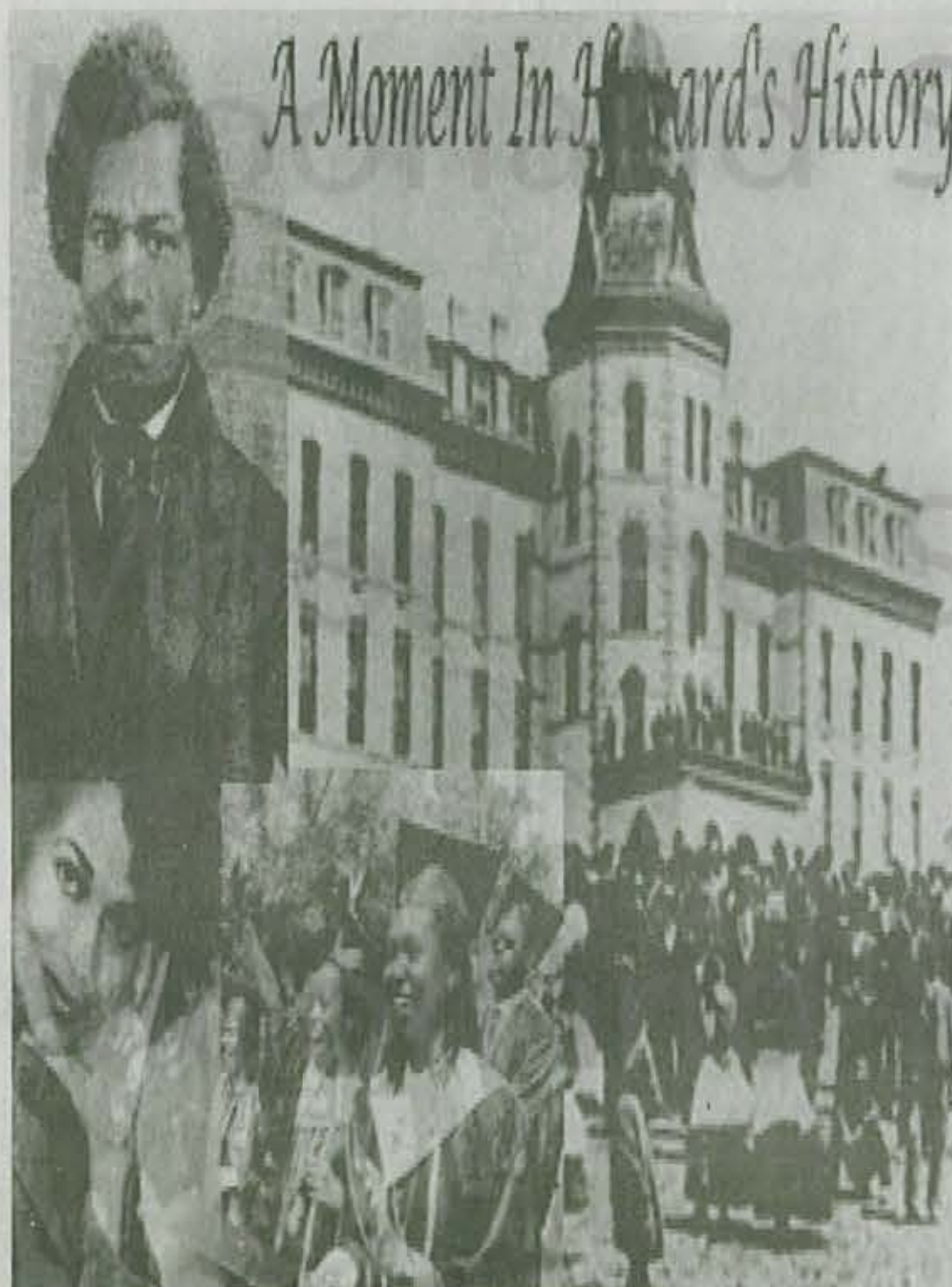
Sharna Smith, child development

"My worst experience would have to be the odor that comes from my roommate's side of the room, I dealt with it by speaking to my Residence Assistant."

Marquita Douglas, psychology

Compiled by Megan Schley

## A Moment in Howard's History: HUSA, Students Boycott Coca-Cola Products



BY ADAM WYNN  
Contributing Writer

The Howard University Student Association boycotted Coca-Cola products on campus in November of 1985.

Students were upset that Coca-Cola had 48 plants throughout Africa, many of which were in South Africa, exploiting blacks through apartheid.

"Coke machines shouldn't be on campus," said Steve X, project director for HUSA in 1985.

"We should put a sign on them. If that doesn't work we should move them off... get them off our campus. We must be the leaders."

Today, HUSA still remains a vehicle for student activism on the Howard University campus.

At the beginning of 2004-2005 academic year, HUSA held a silent protest in front of the Financial Aid Office in response to student complaints regarding customer service.

"HUSA is an organization of the people and we promote

change whether it's through agitation or through negotiation or through working together," said Conrad Woody, president of HUSA and senior political science major.

HUSA also took an active role during the national election season by educating students on issues concerning the black community such as education, healthcare, and the war in Iraq.

"We have to make issues particular to student body, how does it effect them and then tailor our message accordingly," HUSA Vice President Freda Henry, a senior English major, said.

More recently, HUSA took an active role in addressing the issue of students in the School of Divinity not having 24-hour security.

By having meetings with President Patrick H. Swygert, Dr. Franklin D. Chambers and students, HUSA was able to achieve the students' goal of 24-hour security.

"As HUSA representatives we are that liaison between the students and the administra-

tion," Henry said.

At the end of February, HUSA is hosting "Action Speaks Week," a week of activities focusing on educating people about the political system.

"The biggest situation right now has been local governments getting HU students to understand the political process and our role in the political process," Henry said.

Although HUSA remains a vehicle for student activism, their approach to issues has changed.

"Our motto for this year is redefining the Howard experience through proactive leadership," Woody said. "Rather than waiting for something to happen, start now."

When referring to the HUSA of 1985, Henry said, "I think back in the day they took a reactive approach."

Henry added "We certainly approach things differently but we are still functioning in the same vain."



# Meet and Greet Informs Students

**JUNIORS**, from Campus A1 school."

Students were satisfied by the KAPLAN presentation and the provided information.

"I thought it was good," said Keisa Travis, a junior history major. "I've never heard of KAPLAN before, because I'm a transfer student. It's nice to know you can go somewhere to help you practice the test scores for grad school."

Michele Watkins, president of the junior class board, said the board would be holding more meetings with presentations from other test preparation programs including The Princeton Review.

"We want to give the students equal information," said Watkins, a junior psychology major. "Each place is going to give a presentation that puts them at the top, but we want to give the students enough information to make a choice."

The board provided attend-



Patrick Jackson- Staff Photographer

ees with a packet that gave information on such subjects as required classes and withdrawals. Watkins told of how she learned dropping a class and receiving a "W," although it should be done sparingly, should not be feared. She added one piece of advice.

"Check what you are told by advisors," Watkins said. "I'm not trying to question anyone's competency, but I know a lot

of seniors who thought they were 'graduating seniors,' and now they're not graduating anymore because they are missing a class."

Students felt the meet and greet was informative to even the sophomores in attendance.

"They gave a lot of information and answers to all the questions I had in mind," said Cheikhme Aldara, a sophomore biology major.

# Wear Says 'Wait for Marriage'

**CLOTHING**, from Campus A1

will help serve as a reminder to the commitment individuals have made to remain celibate until marriage.

Sophomore political science major Chad Williams-Bey thinks Wait Wear will be successful despite all the media attention on sex before marriage.

"Most clothing lines that promote positive messages tend to be overlooked because of the large negative influence that the media has on popular culture," said Bey who said he would wear the clothing line because it makes a statement.

"As a male, it's out of the norm to promote abstinence, especially on Howard's hormone driven-campus."

Wait Wear's in-your-face messages and trendy designs are seemingly growing in popularity across the globe, as the company is now gearing up for the Magic

Marketplace Show, the fashion industry's premiere purchasing event held this month in Las Vegas.

Wait Wear, with an emphasis on teens and young adults, is hoping to attract retailers such as Urban Outfitters and Hot Topic, as well as small specialty stores. However, the question remains whether or not the Wait Wear trend will reach Howard in the way that the Uppity Negro craze has.

Freshman architecture major Jonathan Nichols said that Wait Wear may alienate people on Howard's campus more than anything else.

"Now more than ever, I think Wait Wear would be popular on Howard's campus because of the Lenten season," Nichols said. "But I honestly don't think that many people, especially guys, will try to represent something that they are not about."

Some females have a few

qualms about sporting the clothing line.

"I don't think that I would wear Wait Wear because it seems a little corny," said sophomore international business major Joi Gladman. "I think that Wait Wear is just another fad that will not have a lasting impact on today's youth. Sex is just too prevalent amongst our young people."

Sophomore political science major Lynda Lloyd is more optimistic about the impact Wait Wear clothing could have at Howard.

"If more people wear this clothing line, I think that it would bring up conversation about abstinence and celibacy which would help to counteract what we are bombarded with by popular culture," said Lloyd. "Hopefully people will get into the habit of waiting until marriage."

# Students Reject Free Cleanings

**DENTIST**, from Campus A1

Ann Brown recently had two root canals, three cavities and an implant taken care of at the Howard College of Dentistry. "I would recommend it to anyone," Brown said. "My dentist is reliable, friendly and is relatable. It's a part of the student health plan and, as a student, I believe everyone should take advantage of it." Breea Charles, a junior public relations major, feels comfortable whenever she goes to the College of Dentistry. She has had several cavities filled there.

"There's nothing to worry about," Charles said. "The professor is on hand to assist at all times. The student dentist is going to make sure that

your mouth is right before they send you out. My dentist had to take a test on me, once, so he had to bring his 'A' game." Some students are willing to give it a chance but don't want to have any medication administered to them.

Whitney Teal, a freshman print journalism major, said she wouldn't feel comfortable having a cavity filled.

"If I were to ease into it by starting off with a cleaning and working my way up, I would feel more comfortable," Teal said. "The fact that it's free doesn't change the fact that it's a student working in my mouth."

Clarence Dortch, a junior administration of justice major, said he doesn't trust a dentist who does not yet have their cer-

tification.

"I don't want to be anyone's guinea pig," Dortch said.

Other students insist on going home to see their personal dentist.

Brian Washington, a sophomore acting major, makes frequent trips to Harrisburg, Penn. for cleanings and checkups.

"It's nice to know that free dental is available," Washington said. "I'd feel safe getting a cleaning, but as far as getting a filling and other major dental work done, I think I'll make that trip home."

The College of Dentistry is conducting free screenings until April. Students who are interested in receiving dental treatment can contact Marc Henderson at 202 832-4845.

# Professor Spawns Creative Students

**MEDINA**, from Campus A4

inspires creativity you didn't even know you had."

Medina has many goals for his students to achieve upon leaving his class. "I would like to get them to make reading a part of their lives and to study beyond just the university requirements," he said. "I want

and society, to be informed, and to think critically and independently."

Medina strives to help his students become hopeful activists that believe in themselves and achieve their goals.

When he gets time to himself, Medina says he enjoys writing, reading and doing poetry readings and lectures. "I'm

or a writing," he said.

Whether it's writing, teaching, or bringing comedy to the classroom, Tony Medina is a unique professor to any student who encounters him. "Students have the power to change society, and this country, from becoming an oppressive dominating force, so they should do it."



Marlene Hawtorn- Staff Photographer

"Students have the power to change society, and this country, from becoming an oppressive dominating force, so they should do it," said Tony Medina, a professor of humanities, creative writing and freshmen composition.

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# Bush Urges End to Racism, Celebrates Black History Month

BY KEVIN HARRIS  
Nation & World Editor

President Bush welcomed Black leaders to the White House Tuesday and said as the nation celebrates Black history month, the United States cannot effectively promote freedom abroad if it continues to hold "the baggage of bigotry" at home. Bush made his remarks in a ceremony celebrating black history month. The event marked the second time Bush has made an effort to reach out to the African-American community since winning re-election.

Last month, Bush met with the Congressional Black Caucus and vowed to work with the group on its agenda for closing racial disparities, fighting HIV/AIDS in the Black community, and securing more economic opportunity for the poor. Activists Dorothy Height, the great great grandson of Frederick Douglass, Frederick Douglass IV, actress Cicely Tyson and members of the original Tuskegee Army band attended Tuesday's event.

During his speech, Bush harked back on many of the themes from his inaugural address, in which he vowed to help spread freedom and democracy across the globe.

"As I said in my inaugural address, we cannot carry the message of freedom and the baggage of bigotry at the same time," Bush said. "Success of freedom on the home front is critical to its success in foreign lands."

Bush spoke of the importance of Black History Month and said it is important for today's children to understand this nation's past struggles with granting equality to all its citizens.

"It is important that our children know that there was a time in their nation's history when one in every seven human beings was the property of another," Bush said. "...We need to teach them about the heroes of the civil rights movement, who by their courage and dignity forced America to confront the central defect of our founding."

The president also noted how discrimination did not end with the abolition of slavery. "Americans were still barred by law from hotels and restaurants, made to drink from separate water fountains, forced to sit in the back of a bus, and all because of the color of their



As President Bush sat next to Dr. Dorothy I. Height, he called for an end to bigotry Tuesday in a Black History Month Ceremony from the White House.

skin," Bush said. Bush also highlighted legislation he signed in 2003, which created the National Museum of African-American History and Culture. The museum will work within the Smithsonian Institution. President Bush said he and First Lady Laura Bush made a personal donation to the building of the museum, but the White House declined to disclose the exact amount of the contribution.

In other White House news, President Bush announced Wednesday that political mastermind Karl Rove, will become a deputy chief of staff for the second term. Rove will help to coordinate domestic policy, economic policy, homeland security and national security. Democrats criticized the move, saying Rove is too inexperienced to take on this task.

"Empowering Rove in this way shows that Bush cares more about political positioning than honest policy discussions," said outgoing DNC chairman Terrence McAuliffe in a statement. "Bush knows that Rove is neither an economic nor a national security expert. He is simply an ideological strategist who has a history of bending the truth and using dirty tricks to get his way."

The White House dismissed the criticism and said Rove has more policy experience than most in the public think. Administration officials also noted, that Rove will only coordinate policy councils and said responsibility for security matters will go to other chiefs of staff who are more qualified.



Maya Giliam-Senior Photo Editor

## Sex Allegations Hurting Bill Cosby's Image

BY MEGAN SCHLEY  
Contributing Writer

Recent news of a sexual encounter between famed comedian Bill Cosby and a former Temple University employee is hurting Cosby's stature among fans and the African-American community, many Howard Students say.

The woman, 31-year-old Andrea Constand, told Canadian authorities Cosby touched her breast and placed her hands on his genitals in an encounter that took place one year ago in Cosby's Pennsylvania mansion.

Constand told investigators she was invited back to Cosby's home after having dinner at a local restaurant. While there, Constand says she complained of a headache and that Cosby gave her pills to take for the pain.

After taking the pills, Constand said she felt dizzy and now only recalls waking up at 4 a.m. with her clothing in disarray and her bra undone.

The case has been handed over to authorities in Pennsylvania, who have since concluded there was sexual contact between Cosby and Constand. All that is left to determine, authorities say, is whether or not the encounter was consensual.

Although the investigation has not been concluded and no charges have been filed, Howard students say the news of the encounter between Cosby, who has been married for 41 years, and another woman is enough to taint their perception of one of Black America's heroes.

Junior biology pre-med major Claudia White said, "Honestly, when I first heard it, I was really surprised because a lot of people look up to him and, in most of his characters, he portrays wholesome Black men."

Other students say the public should not be so quick to jump to conclusions and should give Cosby a chance to defend himself. "Bill Cosby should not be pre-judged...we should wait for more evidence before casting judgment," said Anuska St. Louis, a senior legal communications major.

Cosby's defenders also urge caution in judging the comedian. Many are seeking to cast doubt on his accuser's story, noting that she waited a year before filing a complaint. Constand said she waited because of concerns over her employment with Temple University, where Cosby is an alumnus and often spends time on campus attending different events.

"I did not report the incident immediately because I was concerned that it might affect my standing at Temple University," said Constand in a statement released to the press.

Constand's parents also came to their daughter's defense and said that Cosby was once considered a "great friend" by their family.

"Cosby was a great friend and mentor; my daughter has been left shattered by his betrayal," said Andy Constand, the alleged victim's father. "Sometimes people make bad choices and he (Cosby) obviously did. Justice has to prevail."

Cosby is cooperating with the investigation and ABC News reports the actor met with law enforcement officials last month to tell his side of the story.

Cosby's account of the encounter is very similar to Constand's story, a source close to the investigation told ABC News. A decision on whether or not charges will be filed against Cosby is expected in the coming days.

The District Attorney handling the case, Bruce L. Castor Jr., said at a press conference that Cosby is presumed innocent until proven otherwise and that the evidence he has seen may tilt the investigation in Cosby's favor.

"He (Cosby) is presumably innocent and can come and go as he pleases...I think the factors such as failure to disclose in a timely manner and contacts with the alleged perpetrator after the event are factors that weigh toward Cosby."

## KNOW YOUR HISTORY: MONTGOMERY BUS BOYCOTT

BY MERCEDES WHITE  
Contributing Writer

Rosa Parks spearheaded the Montgomery Bus Boycott on December 1, 1955 when she was arrested for refusing to give up her seat to a White man on a crowded city bus.

At the time, Parks was a 42-year-old seamstress, living in Montgomery, Ala. The city had a municipal law requiring Black citizens to be separated from White citizens on city buses. Despite the fact each paid the same price for a ride, Blacks were required to sit in the back of buses, while Whites could ride up front.

"When you wanted to ride the Montgomery Transit Lines Bus and you were Black you had to get on the front of the bus and you put your dime in the slot, you would then get back off the front of the bus and walk around the side door to get back on," said Dr. Russell Adams, Chairman of the Afro-American Studies Department at Howard University.

On this particular day, Parks was tired from a long days work and wanted to sit comfortably while she rode the bus home. The bus began to fill, and when this happened Blacks were often expected to give up their seats to Whites even if it meant Whites had to sit in the area designated for blacks. When bus driver James F. Blake told Parks he would have her arrested if she didn't move and make room for a White patron, she simply said, "You may do that."

With those four words, Parks ignited a boycott that would go on to last 381 days with the Supreme Court ultimately ruling in 1956 that segregation on public buses is unconstitutional. Parks also became a central figure in the event that many credit with officially starting the Civil Rights Movement, which changed the social landscape of this country forever.

"It [The Montgomery Bus Boycott] was the introduction to the Civil Rights Movement for the nation," said Dr. Greg Carr, an African American studies professor at Howard University. "It [The Montgomery Bus Boycott] captured the imagination of the nation. It was a very difficult type of protest and happened at the right time in regards to what was important in the country."

Dr. Lorenzo Morris, chair of the Political Science Department at Howard University said



Rosa Park's arrest for refusing to give up her bus seat sparked the Montgomery Bus Boycott.

labor unions, social organizations and women's groups were all supportive of the movement.

"There were other boycotts that took place before Montgomery but the difference was that they saw the advantage of the boycott in Montgomery because of reasonable calculations," said Morris. In Montgomery 60 percent of all passengers riding the buses were Black, meaning the industry would suffer a tremendous financial blow if Blacks suddenly decided to stop riding the buses.

After hearing about Parks' arrest and the subsequent actions being taken in response, several community leaders decided to meet and devise a plan to boycott the buses. Dr. Martin Luther King, Jr., E.D. Nixon, Ralph Abernathy, H.H. Hubbard and Ms. A.W. West lead the meeting.

Participants decided to form "The Montgomery Improvement Association (MIA)" and voted to name Dr. King the leader of the organization. Immediately the group sprang into action, distributing literature telling Blacks not to ride the buses and to find other means to get to work and travel around town.

The boycott began on Dec. 5 and bus com-

pany receipts from the time show that 90 percent of Blacks who usually rode the buses decided to participate in the boycott. The MIA also issued three demands for the city to meet before the boycott would be called off, and they were: Blacks would not ride the bus until bus drivers gave them polite treatment. Segregation must be abolished on buses and replaced by a first come first serve policy, and Black bus drivers were to be employed by the city.

Blacks decided to walk, car pool, take cabs and even ride mules as a way to get to work and continue support for the boycott. The city tried to make it harder for Blacks taking cabs to and from work and created a law requiring cabs to charge 45-cents instead of the regular 10-cents a ride.

Eventually the leaders of the movement decided to file a federal suit against the Montgomery's segregation laws and finally on Dec. 20, 1956 the court sent a mandate to Montgomery stating that segregation on buses was illegal.

Many historians now say the Montgomery Bus Boycott was very instrumental because it captured the attention of the entire nation.



# Is Iran the Next Stop in the War on Terror?

BY FOLASADE MOONSAMMY  
Contributing Writer

Earlier this month in his State of the Union Address, President Bush painted a broad vision for spreading liberty and democracy throughout the world, particularly the Middle East.

The president laid out his strategy for stabilizing Iraq in the aftermath of historic elections and described the work still to be done in Afghanistan, where U.S. forces toppled the Taliban in 2001. However, what had pundits and military analysts buzzing in the wake of Bush's speech was his rhetoric on Iran, which the president has already dubbed a part of an "axis of evil" along with Iraq and North Korea.

"Today Iran remains the world's primary state sponsor of terror, pursuing nuclear weapons while depriving its people of the freedom they seek and deserve," Bush said. "...and to the Iranian people, I say tonight: As you stand for your own liberty, America stands with you."

This statement, as well as remarks made by top administration officials following the address, prompted many to wonder if the fight against terrorism is beginning to slowly shift from Iraq to Iran where relations have been strained since the overthrow of the Shah regime in the 1980s.

The United States has been increasingly critical of Iran since 2002. Bush Administration officials have also faced some criticism for not entering diplomatic negotiations currently taking place between Iran and European Nations. On her first trip to Europe since becoming Secretary of State, Condoleezza Rice expressed support for the Iran negotiations but declined Europe's invitation to become more involved in the talks.

"We continue to be in completely close consultation with the Europeans about how it is going, about whether progress is being made, about whether

the Iranians seem to be moving toward living up to those obligations, and we'll just monitor and continue those discussions," said Rice this week to reporters in Belgium.

The decision to only "monitor" discussions between the Europeans and Iran prompted many to speculate that the administration believes European diplomacy with Iran will ultimately fail, leaving no choice other than the use of military force to dismantle Iran's nuclear ambitions.

"The strategy of the United States is to hope that the Europeans can't deliver on some things Iran wants," said Shireen Hunter, to the San Francisco Chronicle. Hunter is an Iran analyst at the Center for Strategic and International Studies.

"The administration is expecting that, by late spring or summer the European track will fail."

If negotiations fail, the U.S. has signaled it would first push for U.N. sanctions before considering a military strike. However, when asked by reporters rather or not that means a military invasion is off the table, President Bush would only say that he will not take any option off the table.

Another sign the administration may be weighing a military strike is its refusal to challenge media reports suggesting U.S. commandos have secretly entered Iran and have been conducting spy missions since last summer. Even with the administration's refusal to rule out a military strike, many are skeptical the United States could launch an attack on Iran.

"Iran is three times the size of Iraq, the terrain is rougher, and at this point, the United States can not risk a pre-emptive war with another country," said Garner Gollatz, a research analyst for the Saban Center for Middle East Policy at the Brookings Institution.

"The idea of military air strikes on suspected nuclear sites are a definite possibility, however they are uncertain of where the nuclear weapons are."

With 150,000 troops bogged down in Iraq, the U.S. may have no other choice but to use air strikes if it were to confront Iran using force. The problem with this, as Gollatz noted, is that America does not know where all the nuclear sites are located.

Also, air strikes increase the probability that the U.S. will kill innocent civilians, which may cause more anti-American sentiment to spread throughout the Middle East. Not to mention, the international community is still somewhat fractured over America's pre-emptive invasion of Iraq, where no weapons of mass destruction have been found.

Even so, some think Iran may be different because the country is suspected of supporting insurgents fighting in Iraq. "We have a greater cause for going to war with Iran than we did with Iraq," said Dr. John Davis, a political science professor at Howard University.

"The U.S. has sent warnings to Iran telling them to stop allowing Hezbollah and Iranian revolutionaries from entering southern Iraq. The U.S. may be able to justify unilateral air strikes but they know it will be a violation of international law," he said.

The development of nuclear weapons in Iran has been under critical examination by the International Atomic Energy Agency (I.A.E.A) over the past couple of months. The I.A.E.A however, believes Iran is having a massive amount of technical problems in developing these nuclear weapons. Analysts also believe that it will probably be between three to five years before Iran can even develop a nuclear warhead.

Iran continues to deny U.S. allegations that their nuclear program is for building weapons. However, the Iranian government says that even if it were to build nuclear weapons, they are a sovereign state and it would be their right to do so.



Condoleezza Rice said the Bush administration has no immediate plans to attack Iran, but said the world should pressure the reclusive regime.

## Case Western Offers Special Dorm for Alcoholic Students

BY SHANNON RUSSELL  
Contributing Writer

While many schools across the country have dorms for non-smokers, students with children, and athletes, most do not offer dorms for recovering alcoholics and drug abusers. Case Western Reserve, a university located in Cleveland, Ohio, has picked up on a new wave crashing into universities across the nation, in which schools are building specialized housing for recovering alcoholics.

In September of last year, Case Western opened a dorm that was used to nurse drunken students back to health. Outside, the dorm looks similar to other dorms, but inside there is a treatment facility for students.

Currently housing five students, the recovery home looks like the typical set-up of a college fraternity house. It has a living room area with comfortable couches, a study area, a porch and a spot for hanging out. It is like any other college house, minus the keg of course. There is also an in-house social worker to assist students on their path to recovery.

Though the program isn't yet a year old, Case Western administrators are pleased with the results so far and are urging other universities to take broader steps at combating alcoholism among students. "I believe that a lot of universities dismiss problems of alcoholism. Studies have shown that when students live together in recovery houses, they are 20 percent less likely to relapse," said Dr. Jess Sellers, a psychologist and the director of counseling services at Case Western. "I hope that the program will change the way that money is allocated within Case University, and that more funds will be used to support alcohol and drug awareness."

Case Western began using the recovery dorm as a pilot program, following in the footsteps of schools like Rutgers University, who pioneered the idea. Reportedly, there are less than five programs like these nationwide, but statistics show a dire need for more. According to a government study, binge drinking is blamed for 1,400 deaths among college students every year.

Even campus recovery programs that are not as extensive as Case Western's have shown great promise for helping students. Michigan's Grand Valley State University, says a five-year-old program offering alcoholic anonymous meetings six days a week has cut binge drinking by 60 percent on its campus.

Case Western, which houses 9,000 students, says almost 40 students a year require



Some schools are enforcing recovery efforts to curb binge drinking which kills more than 1,000 college students each year.

emergency room treatment for binge drinking. The university is hoping to lower that number by reaching students before they get to the point where they will need emergency assistance.

One of those students, Josh, who asked that he only be referred to by his first name because of privacy concerns, is optimistic the dorm will help heal his alcohol addiction before he causes serious damage to himself or someone else. "I am optimistic about staying clean and look forward to getting back out into the social scene once I graduate this year because right now I only associate with my friends living in the house," said Josh, who was one of the first students to join the program when it started. "I joined after being arrested for drunk driving, serving twenty-eight days in jail and being an outpatient at a facility."

After the incident, Josh realized he had a serious drinking problem that stemmed from his first drink at the age of 15. "I began to drink by myself and was isolated from people. The program is a refuge from the hype of the institution. Meetings are held in the house daily and I am working on being a better person and building character within myself. It is a 'we' program but an individual struggle."

Josh also urged university administrators across the country to be more sensitive to the needs of students with alcohol abuse problems. "I believe that institutions need to be accepting of students with drug and alcohol problems, and not shut them out but help them."

Howard University does not have a recovery dorm, but it does offer counseling services for students who abuse alcohol and drugs. Flyers about drugs and alcohol awareness are also available in dorms throughout campus.

## What gift is greater for Valentine's Day than giving the "Gift of Life."



### Saturn National Donor Day



Join Howard University and the National Minority Organ Tissue Transplant Education Program (MOTTEP®) as they launch the 2005 Saturn National Donor Day, an all-day marrow education and recruitment drive in Blackburn University Center's Gallery Lounge on Monday, February 14 @ 10 a.m. Moderated by RADM Kenneth Moritsugu, Deputy Surgeon General of the United States



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All events are open to the entire Howard University community.

#### Sunday, February 13, 2005

##### Call to Chapel

11:00 a.m., Rankin Memorial Chapel held in Crampton Auditorium

(Graduate students please sit near the front of the room for recognition.) Contact Dennis B. Rogers @ 202.413.4074

#### Monday, February 14, 2005

The Black Love Revolution: Promoting Secure, Healthy Relationships at Howard Univ.

6:00-8 p.m., Armour J. Blackburn Center, Ballrooms

(Howard University is an ideal place for scholastic, conscious, positive, beautiful African American students to find long-term loving relationships. This event is an honorable exposition of mini-workshops, forums, interactive games, poetry, fun, and food designed to encourage principled and honest love relationships on campus. We welcome couples and singles to this Valentine's Day event.) Contact Spencer Chenier @ 202.528.3467

#### Tuesday, February 15, 2005

Selecting, Applying, and Paying for Graduate School: A Mentoring Workshop on Success

6:30 p.m., Armour J. Blackburn Center, Forum/Auditorium

(Undergraduate students are encouraged to attend this workshop to seek answers from a panel of graduate-student experts and professionals on how to gain funding and successful admittance to graduate school.) Contact Sandra P. Franklin at: sandrapf@hotmail.com

#### Wednesday, February 16, 2005

##### At the Feet of the Elders

President: La Tanya L. Reese

Fiscal Coordinator: Spencer Chenier

Communications Coordinator: Natasha Brown

Judicial Coordinator: Dennis B. Rogers

6:30 p.m., Armour J. Blackburn Center, Ballroom

(As a tribute to the intellectual prowess of our long-time professors, we sit at their feet of wisdom as we join them in conversation about HU's glory.)

Contact Mark Bolden at: mabolden@aol.com

#### Thursday, February 17, 2005

A Commemoration of International Graduate Students

2:30-4 p.m., Bethune Annex Seminar Room

(Join us and our international students for presentations of their countries and cultures. Then party Friday night to the off-campus sounds of an international celebration.) Contact Ada Diaz at: adavd@yahoo.com

Connecting with the Community: Reading

Time: 4:00-6pm Location: Bethune Annex Seminar Room

Contact Natasha Brown at: navonne99@excite.com

#### Friday, February 18, 2005

Dissertation Support Group Meeting

Time: TBA Location: Cada Vez, 1438 U Street

Contact Sandra Jowers at: sjowers@verizon.net

A Gala Dinner: Saluting Uplift, Progress, and Achievement

Time: TBA Location: Cada Vez, 1438 U Street

Contact La Tanya Reese at: 202-498-9800 or llreese@hotmail.com

For more information, contact the Graduate Student Council: [gsc@howard.edu](mailto:gsc@howard.edu) or 202-806-5540.





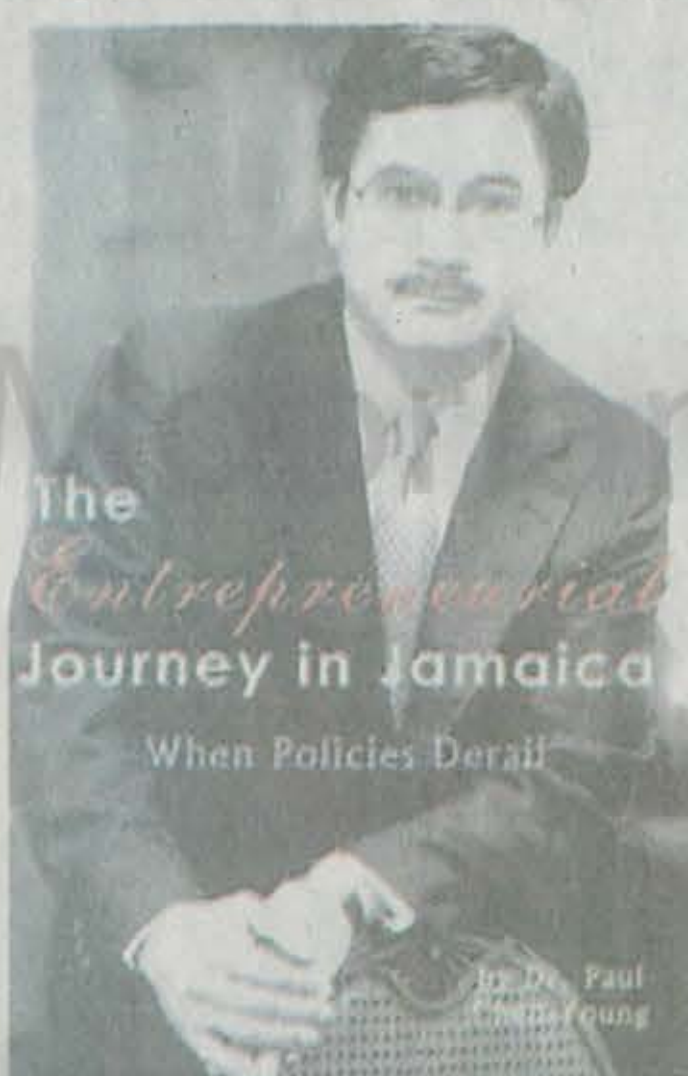
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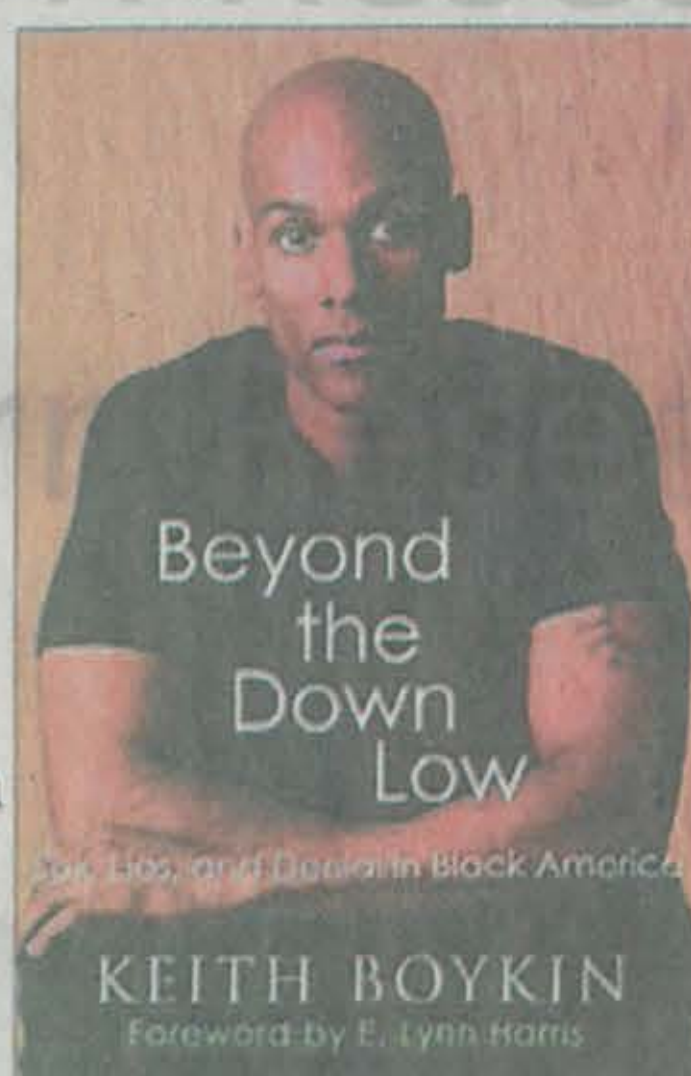


Wednesday, February 16, 2005

4:00 - 6:00 pm

*The Entrepreneurial Journey in Jamaica: When Policies Derail* examines the recent crash in the financial sector of the Caribbean through the eyes of author, Dr. Chen - Young.

Author, Keith Boykin  
signs/discusses



Thursday, February 17, 2005

3:00 - 4:30 p.m.

Boykin, a former Clinton White House aide, goes beyond the hype with an eye-opening look at the down-low sensation.

"The Entrepreneurial Journey in Jamaica:  
When Policies Derail"

"Beyond The Down Low: Sex Lies and  
Denial in Black America"

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# Romance 101:

## Making the Most out of Valentine's Day

BY MORGAN NEVILLES-MOORE  
Contributing Writer

Valentine's Day is by far the most hated and most loved holiday of all time. The man responsible for this hectic holiday, St. Valentine has somehow gotten lost in the shuffle. It is no longer a holiday in respect to a Catholic saint but a holiday to pay tribute to the female gender. With the 14th quickly approaching, many students, lovers and friends alike are scrambling to the malls to look for that "perfect" gift. Men especially are on their toes. After all, getting the wrong gift could be the ultimate deciding factor in some relationships.

So as the countdown begins, preparing for that special day can take a lot. Trying to get affairs in order making sure the day is as romantic and memorable as possible can be tiresome. Especially for freshman nursing major Brittany Hall who is expecting that oh so classic blue Tiffany's box from her boyfriend of six months. "I like Valentine's Day, it's especially nice when

you have a special person to share it with. It's not just for couples, I made my mom a gift last year of a bunch of sentimental items for V-day," she said. When asked what her boyfriend wanted, she quickly answered "Jordan's." Not such a romantic gift, but then again, Valentine's Day is not necessarily a male holiday.

Hall is not the only one wishing for that ultimate Valentine's gift next week. Sophomore psychology major Kristy Lee wants her boyfriend of two years to send her on an all day trip to the spa for pampering and relaxation. "I would love to just be pampered on Valentine's Day. I believe people should use the day to cater to their significant other's needs. Make them feel special, that's what really matters, but never give a girl just one rose especially if you're supposed to be a serious couple," Lee said.

It seems that there is a substantive amount of pressure placed on the male to get that perfect gift, but do not hide and take cover for the day. Keep hope alive because your special someone might

think like Lauren Brown a freshman communications student who just wants dinner and time alone with her boyfriend. Brown is also considering buying her beau an outfit for Valentine's Day.

Cicely Beckam, a sophomore radio production major, is on the same wavelength as Brown. "My boyfriend of two years sent me a dozen roses, that was really special to me because he's out of state," she said. Beckam also had a little advice to give guys who are distraught about the holiday, "Do not buy a card with the word love in it just because it's Valentine's Day. If you don't intend to say it again after that day then don't buy the card," she said.

However, sophomore spanish major Jonathan Smith does not fall into the commercial aspects of the holiday. "Material items aren't everything," he said. Smith has been with his girlfriend for a year and would like nothing more than to receive her love. He also stated that she would be very surprised on that special day. "If I had to say anything about the holiday it would be that everyday

should be Valentine's Day, why celebrate someone once a year? Continue to care for your significant other as if there was no holiday," Smith said.

Christian Gibbs, a sophomore theatre arts major, agreed with Smith. "Valentine's Day should be set aside and viewed as time to share intimate moments with someone, giving quality time." Gibbs also agreed with Hall in respect to not making the holiday all about couples. "I'm currently single so I may choose to take out a friend on Valentine's Day," Gibbs said. There is a small percentage at Howard that thinks the holiday is not worth all the hassle it brings. Freshman marketing major Rashad Brisbane said that he likes the holiday, but it would be nice if someone cooked him a real meal.

Whatever you decide to do this Valentine's Day, make it special. Whether you are in a serious relationship, just starting or single and looking, do not allow the hype of Valentine's Day to turn the holiday from V-day to D-day (Dooms Day).



Maya Gilliam - Senior Photo Editor

## Table for One; Who is Cupid?

BRITTNEY JOHNSON  
Hilltop Staff Writer

"Of course I would prefer to have someone to spend Valentine's Day with; however I do not have that option," said Aarin Williams, a junior English major. Like Williams, many others feel as if it is a sin to spend Valentine's Day alone.

Valentine's Day brings flowers, candy, kisses, proposals and feelings of despair and loneliness for those who do not have a special someone to spend the holiday with. For some, Cupid is just procrastinating and waiting what seems like forever to shoot his arrow of love.

Other singles are dodging his shot and enjoy being single in college. Whatever their rationale may be, a number of people will be spending Valentine's Day alone. A dreaded thought for some, and a pleasant idea for others, most use Valentine's Day as an opportunity to tell friends and family that they are loved.

"I seriously doubt that I'll do anything by myself, maybe if it fell on a Saturday," Williams said. "I think it would be cute for a whole bunch of girls to get together and do something. I'm actually surprised; most people I know aren't doing anything."

Then there are others, who are in relationships, but unable to celebrate

the holiday with their special person.

"I am spending Valentine's Day alone because I have a long distance relationship. I'll be on the phone all day. Hopefully I'll be receiving something; I don't think it's a big deal. If you show love everyday, don't just wait until Valentine's Day," said Lindsay Harrington, a sophomore business management major.

While some choose to spend the day alone, others try to make the best of it, with or without people to share it with. Alexis Logan, a junior political science major, said, "I'm definitely going to celebrate the holiday, eating strawberries dipped in chocolate, or perhaps an unforeseen date Valentine's Day is an excuse to go out on the weekday."

"Me and my friends are going to the spa, Aveda, in Georgetown, and out to eat. It's going to be the 'Diary of Mad Black Women.' Basically, we're just trying to love ourselves; we had a long first semester we're going to take the time to treat ourselves" said Adrienne François, a sophomore pre-physical therapy major.

Going to the spa is a great way to relax, unwind, and release stress from being single on the day that is notoriously dedicated to lovers.

Luckily, there is no Valentine's rule book that says that the day is reserved for romantic relationships.

Asso Aidoo, a junior international business major, believes that it is a holiday for everyone. "It's not just for that special someone; it's for all the special people in your life," she said.

In that case, everyone has a Valentine, and can take this opportunity to let the special person know that they are loved.

"I'll probably just send my mom something," said Darnell Hammock, a junior public relations major. "If I was in a relationship, I would definitely be going out, but I'm not, so I'm open," he said.

Logan also encouraged students to get out and celebrate the love of the Lord. "There is a also, the Chapel Assistants: Jesus Loves You Party. Everyone should go," she said.

The Jesus Loves You Party will be held today, Feb. 11<sup>th</sup>, at 6 p.m. in the lower level of Rankin Chapel.

Whether people are spending time with themselves, friends or family, there are a variety of ways to celebrate Valentine's Day. Instead of praying for a last minute date, or bitterly rounding up her single pals, sophomore clinical laboratory science major Morgan Grimes, is going to keep it simple. She said, "Jesus is my Valentine, I'm going to spend my Valentine's Day with the Lord."

## Area Restaurants Perfect For Valentine's Day Dining

BY SHANAE HARRIS  
Contributing Writer

With Valentine's Day just around the corner, students may take a break from their ordinary Punchout cuisine and splurge some extra cash on fine restaurants of the D.C. area. So where might one go to impress that special someone? According to a list posted on restaurants.com, some of the best restaurants in the city are just blocks from Howard's campus.

For the real romantic experience, perhaps it is best to go to the restaurant voted "Most Romantic Restaurant" by Zagat Guide. Two Quail Restaurant, located on 320 Massachusetts Ave., has a fun and comfortable environment where one can enjoy specialties that include spicy seafood pasta in macadamia cream sauce, roasted chipotle Cornish hens and fish salad topped with mango salsa.

Desserts, not made on the premises, vary daily, including assorted tarts, cheesecake and carrot cake. Beware though that listed under pricing for this restaurant is the word "expensive."

"I'm just in search of a restaurant that will have good food like my favorite place, Ho-Chi on Georgia Avenue," said John Kennedy, a sophomore print journalism major.

Those that cannot seem to let go of that love for Chinese, but want to try something different than just ordinary take-out may enjoy Mie N Yu Restaurant located at 3125 M St. NW. The exotic new restaurant, sitting proudly in historic Georgetown, combines American cuisine with flavors from Asia, the Middle East, North Africa and the Mediterranean.

The dining area reflects the international flavor, with its exotic Tibetan Lounge and Red Baroque Dining Room. New entrée selections include the vegetarian Steamer Basket, Wild Alaskan Salmon, Shanghai Shrimp and the Organic Crab-Crusted New York Strip Steak.

The dessert course includes selections of homemade ice cream or sorbet to top off the meal. Prices of the provided brunch, lunch and dinner menus range from \$9 to \$30 or \$29 to \$58 for the four-course dinner.

Also in Georgetown, lies Café Milano providing first-class Italian cuisine. Specializing in their fresh Italian spaghetti or lasagna, Café Milano carries a four course prefix menu, priced at \$45.

If you are looking for a nice and juicy steak, then The Capitol Grille might be the place for you. Located on the corner of 6<sup>th</sup> St. and Pennsylvania Ave., the Capitol Grille specializes in 24-ounce Porterhouse steaks. With prices in the \$30 range for their top-of-the-line steaks, The Capitol Grille also includes mouth-watering appetizers, fresh seafood, chops and irresistible desserts.

Desserts seem to be a big part of many students' restaurant selection. "I always go to Ruby Tuesday's specifically for their strawberry tall cake dessert," said Timothy Lewis, a sophomore international business major.

Sometimes, however, students want to go out and enjoy nice, low-priced American food, and what better place to go than The American Café in Pentagon City Mall.

A well known restaurant and place of employment among Howard students, The American Café menu consists of pastas and thin crust gourmet pizzas, along with a variety of grilled entrees and made from scratch soups, salads and sandwiches. This casual dining place prides in low-priced dining experiences starting at only \$10.

Students are also interested in other moderately priced restaurants.

"I go to Friday's near George Washington University whenever I go out because it is a familiar place," said sophomore biology major Nae'Emah Clark.

Some students are just hoping to find a nice place to sit back and enjoy Valentine's Day. "I really want to take my girlfriend out somewhere special, but not have to spend an incredibly large amount of money, though I'm willing to splurge a bit," Kennedy said.

For a casual romantic date, one may try dining at LoveCafe on 15<sup>th</sup> and U St. The restaurant, which was started from its original dessert store, CakeLove, specializes in its sandwiches and delicious bakeries. The family friendly setting is available for breakfast, lunch and dinner and has moderate prices.



# Black History Profile of The Arts: Alvin Ailey

BY CHARLAE WASHINGTON  
Hilltop Staff Writer

March 30, 1958 was a historic day for the field of dance performance. On that day, Alvin Ailey and a troupe of young Black modern dancers performed as Alvin Ailey American Dance Theater, one of the first predominantly Black dance companies.

Alvin Ailey, Jr. was born to a 17-year-old mother on Jan. 5, 1931 in Rogers, Texas. As a child, Ailey became enthralled with dance after a school field trip to see the Ballet Russe de Monte Carlo. Ailey initially took lessons with Black dance matriarch Katherine Dunham, but later enrolled in UCLA and studied at the Lester Horton Dance Theatre in Los Angeles in 1949.

After Horton's death in 1953, Ailey took over the company until 1954 when he decided to move to New York, where he made his Broadway debut in *House of Flowers*. Ailey continued dancing in New York, studying ballet, modern dance and acting.

He was instructed by such American dancers as Martha Graham and Doris Humphrey, and he was well known for the strength and grace of his performances.

Ailey's choreography for *Blues Suite* (1958), his first financial and critical success, marked the beginning of the Alvin Ailey Dance Company and gained him fame as a choreographer. Ailey's company began touring nationally and internationally, sponsored by the U.S. State Department.

In 1962, the Alvin Ailey American Dance Theatre was chosen to go on an extensive tour to the Far East, Southeast Asia and Australia as part of President John F. Kennedy's progressive "President's Special International Program for Cultural Presentations."

It became the first American dance company to tour the USSR in 50 years, receiving an ovation which lasted more than 20 minutes at its Leningrad performance. In 1984, the company became the first pre-



Alvin Ailey dancer and choreographer from Rogers, Texas populated modern dance throughout the world.

dominantly African-American troupe to perform at the Metropolitan Opera House in New York City.

In 1960, Ailey choreographed *Revelations*, one of his most prominent works of art, based on African-American spirituals and expressing universal themes of faith and humanity.

In 1963, the company performed in a Chicago program entitled "My People: First Negro Centennial," a collaboration between Duke Ellington and Talley Beatty. The same year after encountering reverse

racism within his company, Ailey integrated his dancers.

In 1965, Ailey stopped dancing to concentrate more on choreography and running his company. His works were famous for incorporating techniques of modern dance, jazz dance, ballet and ethnic dance.

Ailey's company performed the works of many noted choreographers, as well as works of Ailey's own creation, often inspired by the African-American heritage.

Guided by the belief that dance instruction should be available to everyone, Ailey founded the Alvin Ailey American Dance Center (now The Ailey School) in Brooklyn, N.Y. in 1969, and the American Dance Center in Manhattan in 1970.

The Ailey School, the official school of the Alvin Ailey American Dance Theater and Ailey II, the junior company, trains approximately 3,500 students annually from across the United States and around the world, offering professional training programs and open classes for adults and children starting at age three.

Ailey died in 1989, but before his death, he received a plethora of honors. He received the Capezio Award for his lifetime contribution to dance and the Spingarn Medal of the NAACP in 1979.

In 1985, he became the first choreographer to be named distinguished professor by the City College of New York. He also received honorary doctorates from Princeton University, Bard College and Adelphi University.

The company's honors include the *Dance Magazine Award*, 1975; the Samuel H. Scripps American Dance Festival Award, 1987; and Kennedy Center Honors, 1988. Ailey's autobiography, *Revelations: The Autobiography of Alvin Ailey*, was published in 1994.



RECIPE OF THE WEEK

## Chocolate Lover's Cheesecake

### INGREDIENTS:

- 2 (8 ounce) packages cream cheese, softened
- 7/8 cup white sugar
- 1/2 cup unsweetened cocoa powder
- 2 teaspoons vanilla extract
- 2 eggs
- 1 cup semisweet chocolate chips
- 1 (8 ounce) container sour cream
- 1 1/2 cups graham cracker crumbs
- 1/3 cup white sugar
- 1/3 cup melted butter

### DIIRECTIONS:

To make cracker crust, stir together cracker crumbs and 1/3 cup sugar. Blend in 1/3 cup melted butter or margarine. Press mixture onto bottom and halfway up side of 9-inch springform pan. Preheat oven to 375 degrees F (190 degrees C).

In large mixer bowl, beat cream cheese, 3/4 cup sugar, cocoa and 1 teaspoon vanilla until light and fluffy. Add eggs; blend well. Stir in chocolate chips. Pour into the prepared crust. Bake for 20 minutes. Remove from oven and let cool for 15 minutes. Increase oven temperature to 425 degrees F (220 degrees C).

In a small bowl, stir together sour cream, remaining 2 tablespoons sugar and remaining 2 teaspoons vanilla. Stir until smooth. Spread evenly over baked filling. Bake 10 minutes. Remove from oven to wire rack. With knife, loosen cake from side of pan. Cool completely; remove side of pan.

Refrigerate before serving. Cover; refrigerate leftovers -- if any.

Source: [www.allrecipes.com](http://www.allrecipes.com)

# Computer Love at First Byte

BY BRIDGETTE GINYARD  
Contributing Writer

Love is one click away with online dating services, and technology merging the world of love and the Internet.

Many websites including Blackplanet.com, E-Harmony.com, AmericanSingles.com and even Facebook.com are offering young singles a way to mix and mingle in the hemisphere of modern technology.

However, there are mixed feelings about the safety and legitimacy of e-dating.

Security is the main concern for many users like Kathryn Hurley, a sophomore English major. "I don't think I would want to take advantage of online dating services, especially sites like Blackplanet, because there seems to be too many risks associated with using them," Hurley said.

Blackplanet users have access to the personal pages of users, and can send e-mails and notes to other users to express

their interest.

Recently, the Virginia Assembly rejected a bill that would have required e-dating companies to display messages on their websites, that state if they conduct background checks on their customers.

"I don't think that these websites would be successful if they conducted criminal background checks on their users, it's an invasion of privacy," said Kimberley Laughton, a sophomore biology major, who has used Blackplanet in the past.

Some users like Avia Hicks-Chapman, a sophomore acting major, have used ethnic community websites as an avenue for meeting other African-Americans with similar interests.

"I met someone through Blackplanet, and dated him for eight months," Hicks said. "We were really compatible in the beginning, but then it took a turn for the worst."

Hicks attributed the relationship trouble to the fact that

with online dating, users do not necessarily know the background information of other users.

"Even though we were from the same city, we didn't have any mutual friends, so I didn't find out a lot about him until we broke up," Hicks said.

For many Howard students, Facebook.com, is serving as a new tool for meeting other college students across the country. Freshman nursing major Simone Knight sees the college website as a way of meeting new people.

"Facebook is great because it allows you to meet people outside of Howard University, that are college students with similar background," she said.

While security issues are definitely a concern for many students when it comes to online dating, some consider it more taboo than unsafe.

"Internet dating seems to be for losers," said sophomore biology major, Kenneth Hooplin. "If you have to choose

to find a mate online instead of in person, more than likely you're a loser," he said.

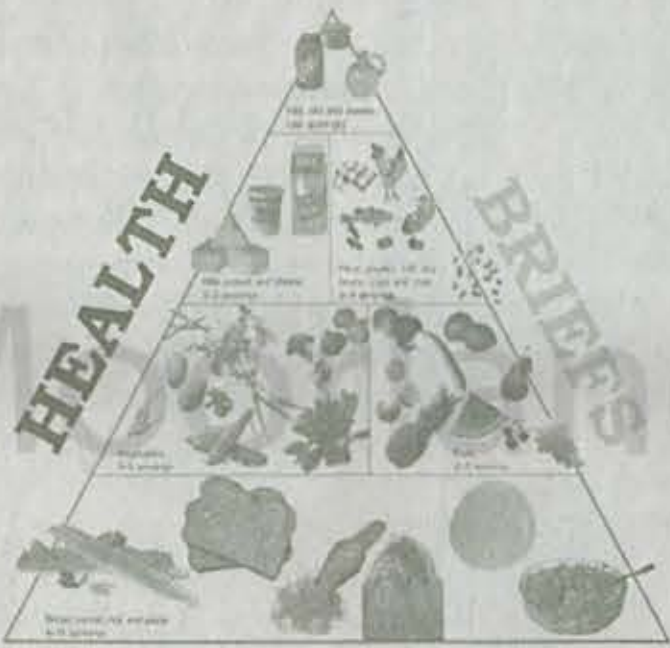
However, junior marketing major Annette Kennedy disagreed.

"It's basically just another option of dating. Technology has changed a lot of things including dating."

Senior television production major, Mekkie Phillips agreed.

"It's probably good because you get a chance to talk more to the person. That way you are interested because of the conversation and not the looks."

Whether for or against online dating, the number of users is increasing, some even resulting in serious love connections. If deciding to try out one of these sites, conduct research about the site and the security measures taken. Afterward, you may decide if online dating is for you.



## Testosterone Spray Increases Sexual Desire in Women

A testosterone spray improved sexual desire in women with low libido, according to clinical trial results released Wednesday by Vivus Inc., which makes drugs and medical devices to treat impotence.

This mid-stage trial is the first to demonstrate that a testosterone spray is effective in pre-menopausal women, the company said.

The 28-week study included 261 pre-meno-

pausal women with low serum testosterone and low libido that caused distress. One group of women received a once-a-day dose of the testosterone spray on their abdomen. Another group of women received a placebo spray, the *Associated Press* reported.

Women in the group where the spray was most effective (those receiving the second highest dose level) reported that their satisfactory sexual events more than doubled while they received the treatment.

Reported side effects included increased hair growth and skin irritation.

Another study released earlier this week found that a drug called PT-141 increased sexual desire and arousal in pre-menopausal women. PT-141 is in a class of compounds known as melanocortin receptor agonists that seem to act on the pathway that controls sexual function. The drug is delivered as a nasal spray.

## FDA Panel Recommends Tighter Blood Donor Restrictions

People who have received a blood transfusion in France since 1980 should not be allowed to donate blood in the United States, a fed-

eral advisory panel recommended as part of the effort to help prevent the spread of the human form of mad cow disease.

This ban would add some additional safeguards to the U.S. blood supply without seriously reducing the number of potential blood donors, the Food and Drug Administration's advisory committee said Tuesday.

The committee voted down a proposal to bar blood donations from all people who had received a blood transfusion anywhere in Europe, the *Associated Press* reported.

People who lived more than three months in Great Britain or received blood transfusions there since 1979 are already barred from giving blood in the United States. Britain has recorded the most cases of the human form of mad cow disease and there have been nine cases in France. Last year, it was reported that blood from an infected donor in France was given to 10 people and also used to manufacture medicines, the AP reported.

The committee's recommendation has yet to be accepted by the FDA.

## Illinois Sues Drug Companies Over Pricing Policies

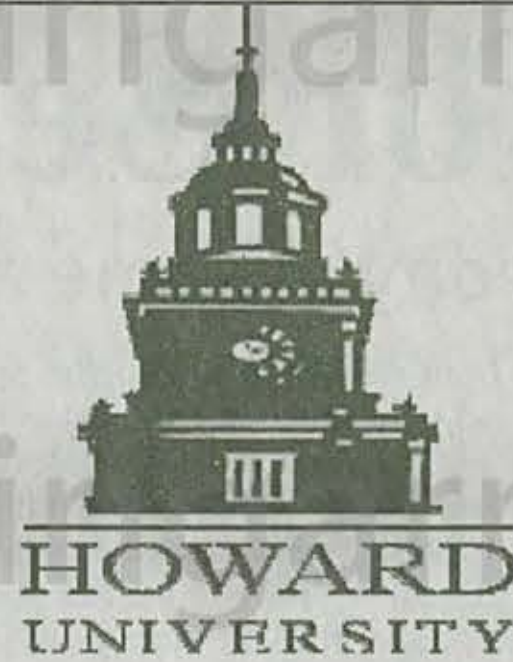
Illinois has joined 19 other states in accusing the nation's drug companies of artificially inflating prices, the *Chicago Sun-Times* reported Wednesday.

Nearly 50 drug firms are named in the consumer-fraud action lawsuit filed by state Attorney General Lisa Madigan, the newspaper said. The suit claims the state has overpaid millions of dollars to the drug firms in Medicare and Medicaid costs, and consumers have had to pay higher insurance co-pays.

The legal action alleges that the companies reported heavily marked-up "average wholesale prices" to the state government, while actually selling the drugs to doctors and pharmacies for significantly less, the *Sun-Times* said.

The lawsuit alleges that doctors and pharmacists typically sought reimbursement based on the wholesale price quoted, not the actual price paid.





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j\_collins@howard.edu



# Bison Look for Season Sweep

Men to use Saturday's Game as Springboard

BY JEFFREY CARTER  
Contributing Writer

Coach Frankie Allen and his coaching staff do not shy away from what they want most from their players.

As the Bison (5-15 overall, 2-9 in the MEAC) enter the team's second go-round within the Mid-Eastern Athletic Conference, the team is prepping for intense competition. What the coaching staff covets is simple enough. They want to see more fight as they march into the second rotation of games.

The men's basketball team hopes to pick up a little momentum and get over the hump as they enter the second half of the MEAC season. Saturday the Bison will face the Morgan State Bears (8-13 overall, 6-5 in the MEAC) for the second time this season.

Despite loosing the against Delaware State, the Bison played a spirited and determined game and were never short of effort. In their next outing, the men lost by just three points to Florida A&M and

subsequently lost again this past Monday against the University of Maryland Eastern Shore.

"I think we are lacking the will to fight," said sophomore guard Saheed Fawehinmi. "Everything else is there. Once we get the mentality to keep fighting we will be ok."

The Bison will need some fight if they are to make it over the hump and in the last meeting with the Bears, Will Gant scored the game-winning basket with two seconds left to give the Bison a spectacular, 79-77 come-from behind victory.

However, the season has not been all roses for the Bison. The team's first win against Morgan State was a resounding victory that Howard will be looking to repeat.

The game featured 13 ties and 11 lead changes. Morgan State's Chris Grant tied the score at 77 with 9.3 seconds remaining. He was fouled, but missed the free throw that would have given his team the lead.

The Bison in-bounded the ball to Gant and the sophomore dribbled up the right side of the court, reversed his direction to the middle of the court and lofted a floater

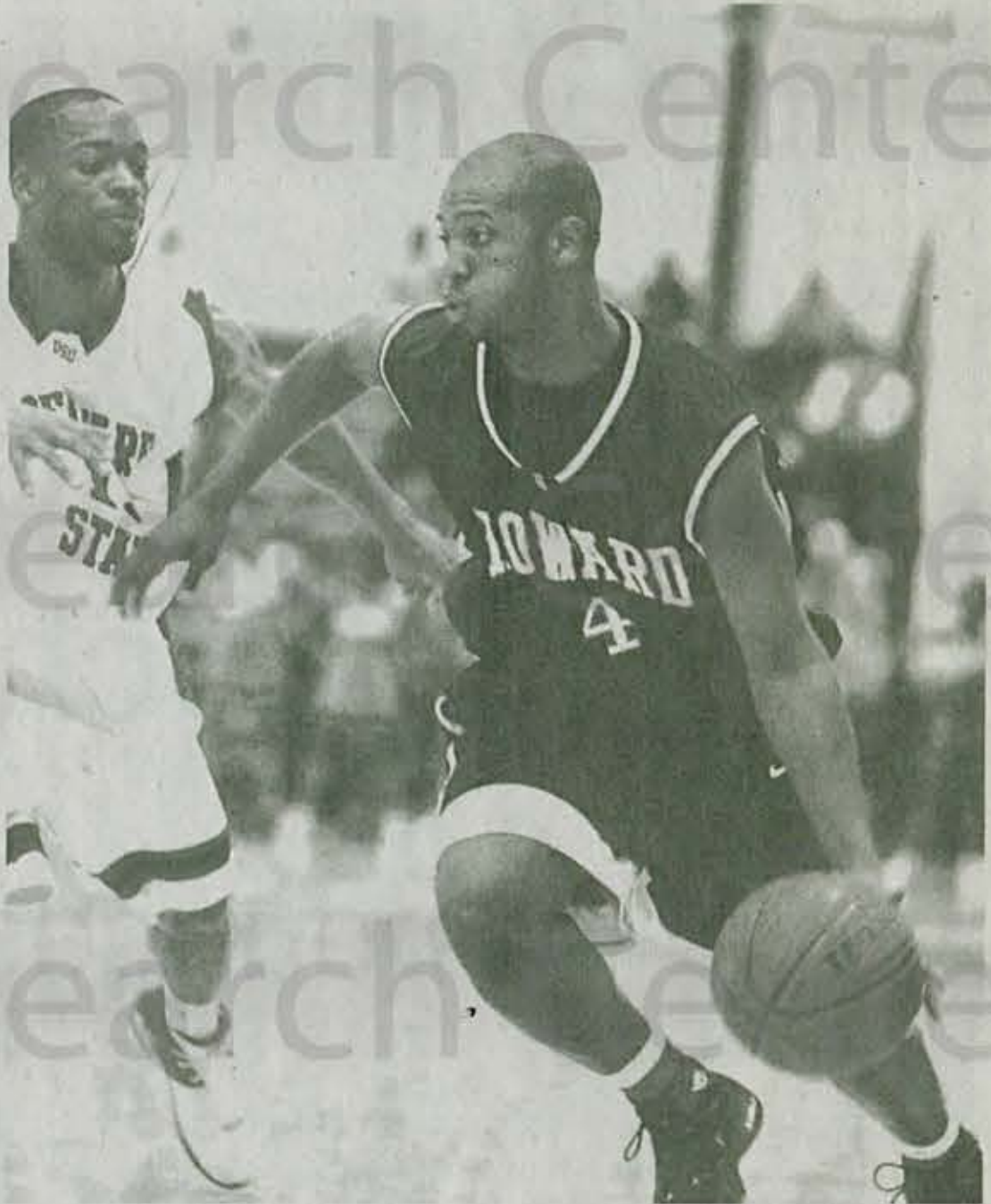
from eight feet out. Morgan State failed to get off a shot before the buzzer sounded.

"This game against Morgan State is just like any other game, but it will mean a lot more because of our recent loosing streak. We have to gain momentum going into the MEAC tournament," said sophomore guard William Blanden.

"If we win six out of our next eight games we should get good placing going into the MEAC tournament. Anyone can win the tournament this year, especially since the teams are a lot more balanced in the conference."

Although the last three games for the Bison have been close, they still have not managed to get over that hump.

"We expect Morgan State to come out even harder this time. It's a conference game and plus they are at home. They also have the same mind set of getting good placement into the MEAC tournament," Blanden said. "We can't continue to wait until the final two minutes of the game to make a run."



All Pro Photography

Will Gant scored a career-best 25 points in a loss against UMES on Monday. The team will be looking to get back into the mix of things by winning on the road on Saturday.



All Pro Photography

Walk-on Reggie Bates (Left), scored a personal best 18 points on Monday versus UMES. Monday night's loss pushed the Bison down to the number 10 spot in the MEAC standings this week. The loss also handed Howard the team's ninth consecutive loss and was the team's fifteenth loss of the season. One of the key factors in Monday's loss was that the Bison shot only 50 percent from the free throw line. Saturday's game begins at 4 p.m. at Hill Fieldhouse in Baltimore, Md.

## Men's MEAC Standings

Teams	MEAC			Overall			Strk
	W	L	Pct.	W	L	Pct.	
Delaware State	9	2	.818	11	11	.500	W7
Coppin State	9	3	.750	9	12	.429	L1
Norfolk State	8	4	.667	10	10	.500	W2
Hampton	8	4	.667	10	11	.476	W1
S.C. State	6	5	.545	13	9	.591	W4
Morgan State	6	5	.545	8	13	.381	W2
Bethune-Cookman	6	6	.500	9	12	.429	L1
Florida A&M	5	7	.417	7	13	.350	L3
N.C. A&T State	3	7	.300	4	17	.190	L2
Howard University	2	9	.182	5	15	.250	L9
Md.-Eastern Shore	1	11	.083	2	19	.095	W1

## BISON SHORTS

### Howard Alumnus Promoted In Jets Organization

**FOOTBALL** - Former Howard University quarterback and offensive coach, Alfonzo "Pep" Hamilton was promoted to wide receivers' coach for the New York Jets on Tuesday. Hamilton, who was originally hired by the Jets as an offensive quality control coach, is entering his third year with the organization. During his tenure as offensive coach at Howard, the Bison were ranked among the top five offenses in Division 1-AA football four out of five years.

**FOOTBALL** - Howard University announced the signing of 16 high school prospects' national letters of intent. The group of signings is outfitted with four defensive backs, four offensive linemen, three defensive linemen, two quarterbacks, a tight end and a running back. In an official release, Howard University Coach Rayford Petty assured that the University is very "pleased with this recruiting class."

"We took a big hit in the secondary and on the offensive line," Petty said. "We were able to get some young men that we think will be able to help us there."

**BASKETBALL** - Senior Daisha Hicks has led the Lady Bison basketball team in scoring in 11 of the team's 20 games this season. Her season-high was a 29-point night in a losing effort against Duquesne on Dec. 19. She is also the team's scoring leader with 340 points at 17 per game. Brittany James is the only other Lady Bison to average double digits with 12.7 points per game.

**TRACK & FIELD** - The Howard University Track team will head to the Mid-Eastern Athletic Conference Indoor Track & Field Championships from Feb. 18-19. In 2004, Howard ranked sixth out of 10 MEAC schools in the women's competition, while the men were ranked last. The competition will be held at the Prince George's Sports and Learning Complex in Landover, Md.



All Pro Photography

Brittany James has been a big factor on offense for the Lady Bison. Her 12.7 PPG is second on the team behind only Hicks.

## Intramural Basketball Part of the Howard Sporting Landscape

BY ALFONS PRINCE  
Contributing Writer

Many colleges and universities offer intramural sports to their students. This provides the students with a way to release stress and compete against fellow students. Over the years, intramural sports have grown to the point where there is a national association for it.

The NIRSA (National Intramural-Recreational Sports Association) was first established in 1950 under the name of the National Intramural Association (NIA). The name was changed to the current name in 1975, and kept the name ever since.

The NIRSA has members on over 700 universities, and has helped in the phenomenal growth of intramural sports. Every year there are more than 1.1 million intramural contests scheduled.

Howard has also helped in this growth by offering intramural sports in football, soccer, and basketball. The football intramural tournament usually takes place during the months of October through November.

The soccer and basketball tournaments take place simultaneously beginning in February. Dexter Harris, the

Director of Intramural Sports and Recreation here, primarily organizes these intramural tournaments at Howard.

The Howard Intramural Basketball Tournament began on Feb. 8th in Burr Gymnasium. This year, there are a total of 42 teams. Of those teams, eight are female teams and 34 are male teams. This year has panned out differently as teams get to choose which days they will play.

Teams have the option of playing on either Tuesday and Thursday nights, or Monday and Wednesday nights. Games start at 5:45 p.m. with games following at 6:45 p.m. and 7:45 p.m. There are a total of six games per night with two courts being used simultaneously.

Games are played through the months of February and March with a March Madness style tournament beginning on April 6th.

Teams are formed for various reasons, like same major, school, or where the students are from. For example, this year the Howard Law School has four teams. There are also two teams representing Howard Hospital, and two teams representing the District of Columbia.

With the games taking place after the end of classes,

the gym is usually filled with friends of players or just fans of basketball itself. The games usually do not disappoint.

Dexter Harris says that the games are "always pretty competitive".

Faith Hayden, a chemistry major from Cincinnati, agrees. "The games keep you interested all the time. Whether it's one team dominating another or a close game, it is always interesting coming to watch intramural games," Hayden said.

Player Olutoyin Ogunsunlade is hoping that his team can make strides in 2005. "We are just trying to improve from last year". Ogunsunlade, an MBA student from Laurel, Maryland, is a member of the HU All Stars.

Buhari Mustafa, a member of the Squad, had this to say about his team's chances: "I think my team is better than last year. I see us becoming one of the better teams in the tournament."

With an array of teams playing throughout the week, the intramural basketball tournament should provide a lot of excitement and give students a chance to unwind while watching some quality basketball.

# Want to write for the HILLTOP?

Come grab a story at the budget meeting on Tuesday @ 7:00 PM



# Twice Would Be Nice

Lady Bison Seek Second Victory Against Morgan State This Season

BY JEFFREY CARTER  
Contributing Writer

A Lady Bison basketball team that has prided itself on defensive tenacity will to be tested Saturday in a match-up against the Morgan State Lady Bears.

After defeating the Lady Bears in the last meeting, the Lady Bison dropped two conference games before a win against the University of Maryland Eastern Shore Monday evening.

In the team's previous meeting, the Bison made a huge statement by beating the Lady Bears, 89-54 at Burr Gymnasium earlier this season.

"This was a statement game for us," said senior point guard Daisha Hicks. Hicks scored a game-high 19 points and currently ranks among the conference leaders in several statistical categories. "This is a conference game and we wanted to let everyone know that we are going to be in the race."

Howard (11-9 overall, 6-5 in the MEAC) led in nearly every statistical category. Hicks and her crew thoroughly dominated the visitors, holding a 60-44 advantage on the boards while forcing 31 turnovers and limiting them to 33 percent shooting. Nine different players scored as the Lady Bison recorded 22 assists on 37 field goals.

Andrea Jones also recorded a double-double (14 points, 16 rebounds) while Brittany James contributed 13 and Shari Johnson and Melloni Benson scored 12. Sarissa Gaskins led the Bears (2-16 overall, 1-10 in the MEAC) 14 points and Candace Holmes, also scored 12 points.

Last year the series ended in a split, with the home team winning each outing.

"We do not want the same thing that happened



Senior Daisha Hicks is the leading scorer for the Lady Bison and also scored the game high in Monday's win against the University of Maryland Eastern Shore.

last year to happen again," Benson said. "We are still in the conference championship race."

After a strong opening to the season, the Lady Bison have recently struggled with consistency. Coach Parson's team has dropped two straight and four of the last five outings before a thumping 26-point win on Monday against UMES.

"One problem that I think the women are having this season is closing out games," said Jennifer Owens, a sophomore legal communications major, who has frequented Burr Gymnasium this year for Bison home games.

The women suffered a bone crushing loss to Delaware State last Friday. The team could not finish out the game despite leading until the final minutes, and a turnover with 33 seconds sealed Howard's fate.

The blunder gave Delaware State's Terrelle Waller more than enough time to seal the deal and score with a strong move to the basketball with two seconds remaining in regulation.

Morgan State, however, is fueled by the team's perimeter dynamo of Javone Davis and Whitney Johnson. Both average just eight points game in a difficult year for the Lady Bears in which the team has just two wins. Avenging a blowout might be Morgan State's ohly solace.

"They will certainly have more momentum," Benson said. "We are playing on their home court so they will definitely be more confident (than last time). They will have the fans behind them and a ray of hope to defeat us."

Just in case the importance of this game is lost amidst the talk of a sweep she added, "Our placing in the conference depends on this game."

Women's MEAC Standings	Teams	W	L	Pct.	W	L	Pct.	Strk.
	Coppin State	10	2	.833	15	6	.714	W2
	Hampton	10	2	.833	10	10	.500	W1
	Delaware State	7	4	.636	11	9	.550	W5
	Norfolk State	7	5	.583	7	12	.368	W1
	Howard	6	5	.545	11	9	.550	W1
	Florida A&M	6	6	.500	8	12	.400	L1
	Md.-Eastern Shore	6	6	.500	8	13	.381	L2
	N.C. A&T State	4	6	.400	5	14	.263	W1
	South Carolina St.	3	8	.273	8	12	.400	L1
	Bethune-Cookman	3	9	.250	4	14	.222	W2
	Morgan State	1	10	.091	2	16	.111	L6

Hicksville: Daisha Hicks is not just a scoring machine. She also contributes 3.2 steals a game for the Bison.

	G	No.	S/G
HICKS, Daisha	20	63	3.2
JAMES, Brittany	20	39	2.0
AGEE, Simone	19	33	1.7
JOHNSON, Shari	20	30	1.5

## PUT ON YOUR GAME FACE: How Bison Athletes Prepare

BY COURTNEY MAYE  
Contributing Writer

Robert Bowdy of the Bison football team sits in his stall and thinks. It's his way of getting his mind ready for the physical exertion needed on the field.

He said that if he starts getting hyped, he'll get stressed.

Each athlete has different ways of preparing themselves on game day. However, athletes emphasize the importance of psychological practice before show time.

Chill out. Get pumped up. Pray. Listen to music. These are a couple of ways that athletes slip into the mental zone to get ready to take their "A" game to the track, football field, basketball court, swimming pool and lacrosse fields.

Athletes from many different sports concur that visualization is key. They say without the mental picture, that the goal to win becomes blurred in their mind. Athletes from different teams admit that their minds will sometimes go into overdrive



Howard running back Antoine Rutherford doesn't try to get too pumped up. Instead he prefers to chill. "You can't get too serious," Rutherford said. "It's a game."

during their events.

Ashley West-Nesbitt runs the 60-meter dash as well as the 60-meter hurdle on Howard's track team.

"I have to visualize what I'm going to do at each stage of my race. If I don't visualize it before the race, I'll think about it too much during the race," said Nesbitt, a sophomore English major.

The time and effort put into mental preparation for a sporting event depends solely on the individual.

While Nesbitt meditates the night before and on the way to a track meet, basketball player Darryl Hudson takes a couple hours in the locker room before he goes on the court.

The men's basketball team is required to be in the locker room 45 minutes to an hour prior to any game. Hudson's ritual before game time includes watching a Michael Jordan DVD, listening to Jay-Z and getting a pep talk from his dad. The sophomore physical therapy major feels that without the mental training, the physical training is not as effective.

"Mental preparation comes first," Hudson said. "You have to believe you can do something before you do it."

Iram Abdullah, who is a midfielder on the Lady Bison lacrosse team, feels the same way that Hudson does with respect to mental preparation.

She believes that one's mental make-up precedes top physical performance. Abdullah said that the team's ritual is to meet in the locker room and not spend the entire time on a game plan but to also discuss individual and team goals. She feels that the time with her teammates is important, but finds higher importance is personal meditation.

"Right before we play, I go off to the side and pray," the sophomore broadcast journalism major said.

Members of the swim team feel that mental preparation and physical training go hand in hand. They also believe in the power of music.

Ariel Triplett said that the music depends on the length of the race. For a long distance race, such as the 1,000-yard, they say you can't be too stressed out so they listen to slow music.

Sophomore physical therapy major Danielle Moses said for a shorter distance race, or sprint race, such as the 100 freestyle, that she has to be pumped up.

"I listen to Outkast. It's really funky and makes you excited."

For some athletes, being calm is the best pre-performance ritual. Sophomore running back Antoine Rutherford is one of the calmest of them all.

"I'm chill. They want us to be serious but you can't be too serious. It's a game."

## Intramural Soccer Reaches The Mid-Season Point

BY KEVIN JOHNSON-AZUARA  
Contributing Writer

The beautiful weather of this past week has heightened the anticipation among fans of the intramural soccer league on Howard's campus.

For most teams, each match is a must win affair, as a top four finish ensures qualification for the playoffs.

Tonight's fixtures will see Lady's First take on Under-Dawgz in the first game, Top Shottas and ASA Breakers trade tackles in the second, and in the final match up Restoration FC will attempt to curb the attacking prowess of Alumni.

While Lady's First attempt to erase the 15-0 thrashing they received from Footballers United last week, Under-Dawgz will be looking to add to their existing woes.

Many fans and critics alike are commend the courage displayed by the Lady's First team. However, the football gods and the odds indicate that Under-Dawgz are likely to win the match by a huge margin. With Lady's First yet to win a match and firmly rooted at the bottom of the league table, many fans will be cheering them on to achieve an impossible victory.

After last week's pulsating 1-1 tie with Super Eagles, the players of Top Shottas know anything but a win may hinder their chances of qualification for the playoffs.

Alumni, Super Eagles, Footballers United, and Bermyn International occupy the top four places as the second half of the season commences. For the Breakers, it has been a season of near misses so far. They have yet to win a match, and have conceded last minute equalizers in their last three encounters.

Undoubtedly the fixture that everyone will be waiting for, this match promises an array of skills and sublime finishing.

For Top Shottas captain, Steve Levy, "We are not taking any team lightly so as to avoid surprises. We are just taking one game at a time."

One thing is for certain; Alumni will not be sharing the spoils with Restoration FC. An upset may not be on the cards, but it will be interesting to see what strategies Restoration will employ in order to restrict the probing runs of the Alumni attackers. Restoration FC Goalkeeper Olaoluwa Okelola said, "It will be a tough match for us, but we will do our best. Hopefully it is good enough. Besides, I was in the ASA Breakers team that tied 1-1 with the Alumni last year. I'm looking forward to either repeating or bettering that feat."

Inactive teams this week like Super Eagles, Bermyn, and Footballers United will be monitoring these games with keen interest from the

sidelines. While each team prays for an upset, it remains to be seen if the Under-Dawgz, Top Shottas and Alumni will drop any points tonight.

### Tonight's Fixtures February 11, 2005

Lady's First	
vs.	
Under-Dawgz	6 P.M.
Top Shottas	
vs.	
ASA Breakers	7 P.M.
Restoration FC	
vs.	
Alumni	8 P.M.





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## Howard Dean to Become Democratic Party Chair

Now that Veteran party activist Donnie Fowler, the alternate candidate to Howard Dean, is out of the race and former Rep. Tim Roemer has gotten criticism for his anti-abortion views, the chairman position is looking good for Dean.

"With Howard Dean as its next chair of the Democratic National Committee, the party will have someone who not only understands change, but knows how to make it happen," Fowler said to CNN.

Many people in the Democratic Party are highly excited because Dean was first choice for a lot of people over John Kerry. Having him as an elected official in the party is refreshing for Dean fans, who were disappointed with the mockery the media made of

him.

We still give him and his excitement two thumbs up, no matter what people say. Hopefully his enthusiasm will be reflected in his work as the chairman.

We believe the Democratic

**Our View:**  
*We believe Dean has what it takes to make progress with the party.*

Party needs a new burst of energy and a new direction. Howard Dean has proven to be efficient in fundraising and this is a skill a leader must possess. We were impressed by the amount of money he gained through his online donation system. He broke fundraising records and

really ran things in an organized way.

Republicans always seem to have more money with ease and the Democratic Party needs a leader who can level out the financial playing fields.

Political analysts are deeming this race as important as the presidential election because a strong leader is needed to push for the issues President George W. Bush may choose to ignore.

Now that Bush has expanded the Republican presence in the House and the Senate, the Democratic Party could be in a bind without a good leader.

We know that having Dean in this position forfeits his chances of running for president in 2008, however, we are confident in Dean and we look forward to our next four years with him as the DNC chair.

## Who's Really Wearing The Pants Here

A bill proposed in Virginia could potentially cause a lot of financial damage to young, urban, fashion-inspired youth.

If the bill is passed, police officers will be authorized to hand out \$50 fines to anyone who displays his or her underpants in a "lewd or indecent manner," according to USA Today. This includes a thong peeking out of low rise jeans or a pair of boxers slightly showing.

Several Democratic opponents have called the bill an unconstitutional attack on young Blacks that will result in a slew of angry parents.

At The Hilltop, we agree. There should never be laws stating how one can or cannot dress. It seems like the supporters are forgetting out inalienable rights under freedom of expression.

We definitely understand not wanting to see someone else's underwear. We have

all gotten a glimpse of some unwanted cracks that we didn't appreciate.

People should be adult and responsible enough to save the body-baring for a willing audience. We should try to carry ourselves in an appropriate manner.

Many of our brothers like

bill will probably be young and Black if it passes.

No one will be carried away in police cars thankfully, but \$50 fines can add up. All it will do is further discrimination and give the police another reason to stop, harass and badger us.

The thought of government officials and representatives discussing how someone should be wearing their pants makes us wonder where their priorities are.

There are a plethora of more pressing issues besides what people choose to wear. No one person can judge someone else's style because everything is relative.

There are appropriate situations to instill rules, like schools or churches. However, there should never be a dress code in the written law.

If for some reason the bill passes, keep your belt handy because Virginia is only minutes away.

**Our View:**  
*Virginia police have more important duties than handing out sagging fines.*

to wear their pants a little low and we think that is okay. Baggy pants are a part of hip-hop culture and style that many of us embrace. While it would be nice to see every guy on campus wearing his pants at his waist with a belt, it should not be mandated by a law.

The bigger issue is most of the people affected by the

monday.  
tuesday.  
wednesday.  
thursday.  
friday.

The Hilltop  
Goes Daily.

February 28th, 2005

## THE HILLTOP

The Nation's Largest Black Collegiate Newspaper

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Now in its 81st year, The Hilltop is published every Tuesday and Friday by Howard University students. With a readership of more than 10,000, The Hilltop is the largest Black collegiate newspaper in the nation.

The opinions expressed on the Editorial Page are the views of The Hilltop Editorial Board and do not necessarily reflect the opinions of Howard University, its administration, individual Board members or the student body.

The opinions expressed on the Perspectives Page are those of the authors and do not necessarily represent the views of the Hilltop Editorial Board, Howard University, its administration or the student body.

The Hilltop encourages its readers to share their opinions with the newspaper through letters to The Editor or Perspectives. All letters should include a complete address and telephone number and should be sent electronically on our website at [www.thehilltoponline.com](http://www.thehilltoponline.com).

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The Hilltop reserves the right to edit letters for space and grammatical errors and any inappropriate, libelous or defamatory content. All letters must be submitted a week prior to publication.



# Quiet Storms: Love Songs On the Radio

STACY A. ANDERSON

Love is strong affection through appreciation and admiration. It carries various forms, including a love through kinship to a romantic love that is sought after. It is often perceived as the basis for finding a compatible companion. But it is also the respect for anything that has a significant presence in your life.

"I want a lover who knows me, who understands how I feel inside."  
-Mariah Carey, Dreamlover

Love is forgiving and accepting. Often present in a mother's love, there is an unconditional and constant adoration for the child. My mother and I disagreed and argued all throughout my stages of pre-adolescence and puberty. But underlying all the aggression, I always knew my mother supported me in my endeavors and excused my young, foolish ways.

"Love, so many people use your name in vain. Love, those who have faith in you sometimes go astray."  
-Musiq, Love

Love is complex and multi-dimensional. Love is complicated. That is why few grasp the meaning and many abuse its intention. I've had countless crushes; they change as often as the No. 1 song on the radio. My mind was clouded with what-if dreams and my blood galloped uncontrollably through my veins.

I thought I liked him for so long; it must be love. But all that it meant was nothing more than my desire for this genuine sentiment that so many others seek. It isn't the sexual gratification that keeps you with an unworthy counterpart. It isn't

the controlling domination posing to "protect." It doesn't make you worry and cry yourself to sleep at night.

"You are my life, my happiest moments weren't complete if you weren't by my side."  
-Beyonce, Dangerously in Love

Love fills an ever-present void because we all wish to be accepted and appreciated. It is a sense of wholeness. This completeness and state of comfort is like second nature. I imagine it burdensome to wonder what your life would be like without your companion.

It's too difficult to visualize, almost impossible to vocalize. If I become a wife and mother, I will always instinctively think of my husband and children first because they are indefinitely a part of me, as I am a part of them.

"Loving you is easy 'cause you're beautiful."  
-Minnie Riperton, Lovin' You

Love and physical attraction are personally defined. The beauty within the one you love speaks louder than any bodily or material attribution. Love allows us to look past the exterior and give full acceptance to the truth.

Personality overrides the physique. With the cliché, "beauty fades," I keep in mind the importance of the individual. Love also is not a forced act and it does not hurt. Love essentially is the open and honest giving of oneself.

"All through thick and thin, our love just won't end."  
-Stevie Wonder, I Was Made to Love Her

Love is enduring and everlasting. It is resilient in trying times. Life is uncertain, just as love is. My grandmother passed

away last month and, in this period of adjustment, it is love that keeps the family together.

Love is not the heartbreak from losing someone, but instead, it is the healing process to move on. Success can never be gained until after a struggle. Gratitude for exceptional qualities cannot be recognized without some threat of change. These hardships make what you have even better and stronger.

"If you take me by the hands, I will learn what you teach And do the best that I can."  
-India Arie, Ready for Love

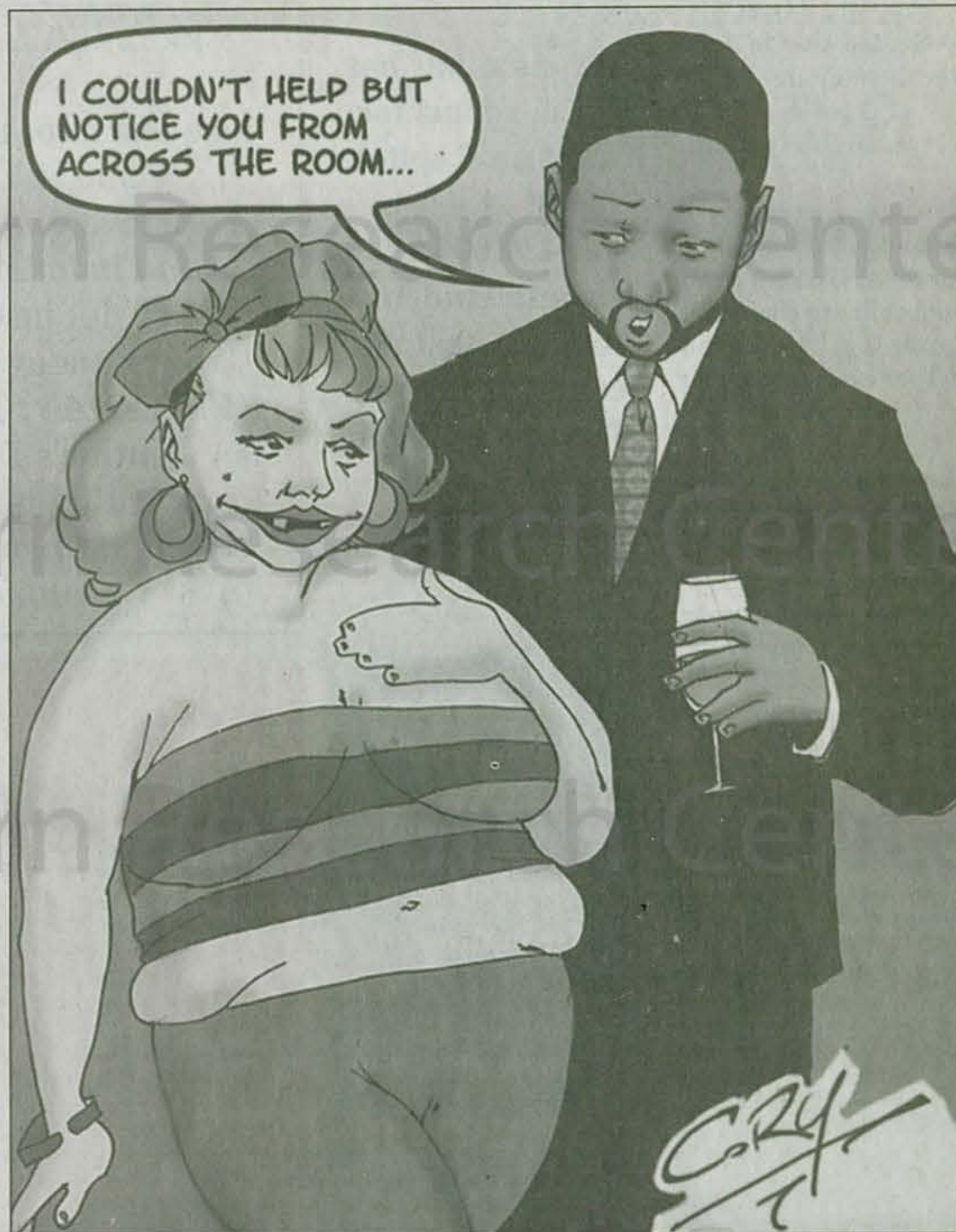
Love is trusting and vulnerable. People are willing to share a piece of themselves through all capacities: physically, spiritually, and mentally; and expect nothing in return.

The deepest, most sincere thoughts can be expressed and the heart is eager to play the game of chance. The love for my friends is shown through my confidence in their opinions and my wish for each of them to achieve happiness.

"Your love is so magnificent, I thank God, everyday that heaven sent you."  
-RL, Good Love

Love encompasses many qualities and has several different connotations. It is merciful, sympathetic and welcoming, regardless of right or wrong. Love is genuine and whole; its firm ground doesn't allow the fallacies people try to substitute in place of legitimate characteristics.

It is not easily defined or labeled, but rather multifaceted and intricate. Love is what makes me thank the heavens above to meaningfully live on this earth every day.



## The Status of Black Women In an HU Frame of Mind

JESSICA L. CROSS AND  
BRITTANY GAIL THOMAS

Most of us read the letter written by "A Disgusted White Girl" in response to an article published in the June 2003 edition of Sister 2 Sister magazine.

It made Black women around the country place their hands on their hips and challenge the very being of most Black men in America.

"A Disgusted White Girl" expressed her feelings in regard to angry Black women who made it a point to be critical of her relationship with a Black man and, in her response, she noted her partner's justification for choosing her over a Black woman.

"My man decided he wanted me because the pickings amongst Black women were slim to none. As he said, they were either too fat, too loud, too mean, too argumentative, too needy, too materialistic or carrying too much excess baggage."

She then went on to mention the plethora of Black men who have married White women. Quincy Jones, Scottie Pippen, Tyson Beckford, Taye Diggs, Cuba Gooding, Jr., James Earl Jones, Laurence Fishburne and Don Cornelius were mentioned.

Outraged and appalled by Black women, "A Disgusted White Girl" called for a Black man to explain why she and those of her race are both "appealing and coveted" by Black men as a whole.

Who knew that the same ideology as held by A Disgusted White Woman in the Sister 2 Sister magazine would bombard me at Howard University, and most significantly by a young Black man?

As I sat in my English class, enlightened by the words and ideologies of Malcolm X in reflection of his youth, a major issue in Black society was raised. What do you feel about the actions taken by Black ath-

letes, intellectuals and other successful Black men who choose to date or go on to marry White women? This issue continues to affect the way Black women and Black men look at each other in society, so it was quite interesting to hear the responses of my classmates.

But my optimistic heart was broken into a thousand pieces when a male voice justified this by saying all Black women have attitude problems and are gold diggers, along with their tendencies to nag and be too much to handle.

Shocked and appalled, many of my female counterparts shook their heads disapprovingly, bit their tongues or raised their hands in disgust. Many good points were made, but as the conversation reached a point of escalation the discussion was ended.

Yet the question still remains: what about successful Black men in our society who choose to go outside of their race in search of companionship?

Being a young Black woman, this is hard for me to swallow. Is it imperative for a Black man to be with or to marry a White woman to establish and acclaim success? And if so, why?

Some may argue—as "Black Royalty" did in response to "A Disgusted White Girl's" letter—"a lot of Black men, because of insecurities, fears, and overall weaknesses, are more intimidated by the strength of our Black women and are afraid that our women will be more successful than us, make more money than us, drive nicer cars and own bigger houses."

Some may argue that Black women need to get their acts together. When both of these arguments are confronted and a transformation occurs, it seems that a change can be made. Or can it?

The issue is not one of new consequence or foundation. The issue has always been

just an issue. In studying [The Autobiography of] Malcolm X and the progression of Black Americans, Malcolm raises the issue in his reflection of his short relationship with Laura and his relationship with Sophia—a White woman, thereafter.

Malcolm confronts his decision to be in a relationship with Sophia, "Now at the time, in Roxbury, in any Black ghetto in America, to have a White woman who wasn't a known, common whore was—for the average Black man, at least—a status symbol of the first order."

The same, in many respects, applies to many educated Black men today. The stereotypes continue to fly and the Black woman has become an attitude having, gold digging, booty shaking "thing" that has retained and continues to gain very little respect on behalf of the Black man and society as a whole.

I beg to differ. Though the stereotypes do apply to many, few remain with the vitality and integrity to be what a Black woman has always been—a sustainer of her family, the hope of her community and the epitome of strength.

To be held by some Black men as a second or third tier applicant in the pool for the Black man's affection, is both heart wrenching and disgraceful.

What happened to the pride that we each coveted as Black people in our families, in our futures, and most importantly in our histories? Some Black men choose not to date Black women due to personal experiences, generalizations and generated fallacies that never entail much statistical research or profound thought.

So before we proclaim that we won't date Black women, let us remember love is love and if you truncate yourself from receiving love from your own race you never truly loved yourself.

## Taxes Too Low Among Wealthy

PAUL G. JAEHNERT

Since 1913, a progressive federal income tax system has been in place, with tax rates increasing as income rises.

The top marginal tax rates resulting from the costs incurred by World War I were close to 70 percent. From 1925-1931, the years leading up to and including part of the Great Depression, the top rate was 25 percent. Where was our booming economy when top rates were that low? That ought to tell us something!

During World War II, tax rates for the wealthiest of Americans soared reaching

94 percent in 1944 and 1945. Similarly, the top tax rates, during and following the Vietnam War, were at 91 percent over a period of many years.

As a result of President George W. Bush's tax cuts, the current top tax rate is among the lowest ever at 35 percent. Taxes on unearned income (investments, stocks, bonds, etc.) are also at historically low levels.

With record-setting budget deficits, international terrorism, the war in Iraq and "nation building," Bush's tax cuts have been a disaster. Bush is digging us a deficit hole from which we may be unable to extricate

ourselves.

Who does he think will pay the bills? Apparently it doesn't matter. His solution to almost everything is more tax cuts—especially for those that need them the least.

It would have been far better for the Bush administration to increase tax revenue by getting serious about attacking corporate fraud, tax loopholes, tax evasion, tax shelters, wasteful spending and offshore corporate tax havens, than to slash taxes for the wealthiest Americans.

Our soldiers in Iraq should not be the only ones to make sacrifices in time of war.

click it to us.

The Hilltop wants to read what  
you have to say. Submit a  
500 word perspective to  
[www.thehilltoponline.com](http://www.thehilltoponline.com).

## CORRECTION

In the article "Advancing HIV Prevention at Howard University" that ran January, 21 2005 on A4, the sentence "The Student Health Center was awarded the Centers for Disease Control and Prevention's Development grant for more than \$250 million to implement a Routine Rapid HIV Testing program on campus" should have said "more than \$250 thousand" (\$276,500 to be exact). We apologize for any confusion or inconvenience this typo may have caused.



**ALL HILLTOPICS**

Are due, paid in full, the Tuesday and Friday before publication date.

Announcements by campus organizations for meetings, seminars or nonprofit are charged \$5 for the first 20 words and \$1 for every additional five words.

Individuals advertising for the purpose of announcing a service, buying or selling are charged as local companies with a rate of \$10 for first 20 words and \$2 for every 5 words thereafter.

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The Student Health Center will conduct free & confidential Rapid HIV Testing every day from 10 am - 2 pm beginning on February 15, 2005. Call for appointments at (202)806-7540. SHC is located at 2139 Georgia Ave. NW, 2nd Floor.

**Fireman has hot deal, rooms for rent on Capitol Hill . Rent is \$450.00 per month students that are neat and curteous are preferred. Contact: Mr. Fowler 202-548-4055**

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**Jo Von:**  
Is it your birthday?  
**Not Necessarily**  
Are you having a party?  
**Alright**  
Hope to hear from you soon  
Your roommates: Tiffani and Lindsay :-)

**Words from the EIC... Two weeks to the daily and we are still here. \*That's for all the haters\***

**WEEKLY BREAD**

"love one another as I have loved you" (John 15:12).  
Have a lovely weekend: "Do everything in love" (I Corinthians 16:14), not just today, tomorrow, Sunday & Monday, but **EVERYDAY**. To GOD, everyday is Valentine's Day to because HE loves us that much. "the greatest commandment of all is love" (I Corinthians 13:13).

## A Valentine's Fantasy

Presented by The Soul Buffet with Kyle Staurdays from 12-2 p.m. On WHBC Channel 51 8:30 a.m.

The contest begins February 12, 2005

Here's your chance to win prizes totaling \$200.

Prizes include a gift certificate to The Cheesecake factory and \$1000 cash.

Listen to "The Soul Buffet" during the month of February for details on the contest.

\*\*\*Super-Fantastic Award\*\*\*

Ohh La La Dance Team  
Great job at the basketball game!!!

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